

# TRINITY EPISCOPAL CHURCH

THE THIRD SUNDAY AFTER EPIPHANY

MORNING PRAYER

JANUARY 24, 2021

8:00 A.M.

PHONE IN NUMBER: 929-436-2866

MEETING ID: 881 9858 5999

A PLACE OF WELCOME, HOPE & HEALING



120 Sigourney Street, Hartford, Connecticut 06105-2796  
860.527.8133 [www.trinityhartford.org](http://www.trinityhartford.org)

## MORNING PRAYER: RITE TWO

8:00 A.M. VIA TELEPHONE

WELCOME

The Rev. D. Littlepage

Officiant Nations shall come to your light, and kings to the brightness of your rising.

THE CONFESSION

BCP 79

Officiant Let us confess our sins against God and our neighbor.

*All*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

*People* Amen.

THE INVITATORY AND PSALTER

Officiant Lord, open our lips;  
*People* And our mouth shall proclaim your praise.

*All* Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia!

Officiant Worship the Lord in the beauty of holiness: Come let us adore him.

*Please read in unison.*

Be joyful in the Lord, all you lands; \*  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God; \*  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise; \*  
give thanks to him and call upon his Name.

For the Lord is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.

## PSALM 62:6-14

BCP 669

*Please read responsively by verse.*

6 For God alone my soul in silence waits; \*  
truly, my hope is in him.

7 He alone is my rock and my salvation, \*  
my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; \*  
God is my strong rock and my refuge.

9 Put your trust in him always, O people, \*  
pour out your hearts before him, for God is our refuge.

10 Those of high degree are but a fleeting breath, \*  
even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, \*  
all of them together.

12 Put no trust in extortion;  
in robbery take no empty pride; \*  
though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, \*  
that power belongs to God.

14 Steadfast love is yours, O Lord, \*  
for you repay everyone according to his deeds.

*Please read in unison.*

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.  
People Thanks be to God.

## CANTICLE 11

## The Third Song of Isaiah

BCP 87

*Please read in unison.*

Arise, shine, for your light has come, \*  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the brightness of the moon.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## THE SECOND LESSON

1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.  
People Thanks be to God.

O ruler of the universe, Lord God,  
great deeds are they that you have done, \*  
surpassing human understanding.  
Your ways are ways of righteousness and truth, \*  
O King of all the ages.

Who can fail to do you homage, Lord,  
and sing the praises of your Name? \*  
for you only are the Holy One.  
All nations will draw near and fall down before you, \*  
because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

THE GOSPEL LESSON

Mark 1:14-20

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, “Follow me and I will make you fish for people.” And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

*Reader* Hear what the Spirit is saying to God’s people.  
*People* Thanks be to God.

SERMON

The Rev. D. Littlepage

*Silence for reflection.*

*Officiant* Let us affirm our faith together in the words of the Apostles’ Creed.

THE APOSTLES’ CREED

BCP 96

*All* I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.

He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.

#### THE PRAYERS

*Officiant* The Lord be with you.

*All* And also with you.

*Officiant* Let us pray.

*All* Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,

as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

#### SUFFRAGES

BCP 97

*Officiant* Show us your mercy, O Lord;  
*People* *And grant us your salvation.*

*Officiant* Clothe your ministers with righteousness;  
*People* *Let your people sing with joy.*

*Officiant* Give peace, O Lord, in all the world;  
*People* *For only in you can we live in safety.*

*Officiant* Lord, keep this nation under your care;  
*People* *And guide us in the way of justice and truth.*

*Officiant* Let your way be known upon earth;  
*People* *Your saving health among all nations.*

*Officiant* Let not the needy, O Lord, be forgotten;  
*People* *Nor the hope of the poor be taken away.*

Officiant      Create in us clean hearts, O God;  
People        *And sustain us with your Holy Spirit.*

COLLECT OF THE DAY

BCP 215

Officiant      Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever..  
*All              Amen.*

PRAYER FOR THE HUMAN FAMILY

BCP 815

Officiant      O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord.  
*All              Amen.*

A COLLECT FOR SUNDAYS

BCP 98

Officiant      O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord.  
*All              Amen.*

PRAYER FOR MISSION

BCP 100

*Officiant      Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.*  
*All              Amen.*

*At this time, you are invited to share your prayers either silently or aloud.  
If you pray aloud, please end your prayer with "This is my prayer"  
Everyone else should respond "This is our prayer."*

*Officiant      Let us join together in the words of the General Thanksgiving.*

THE GENERAL THANKSGIVING

BCP 101

**Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,**

and all the blessings of this life;  
 but above all for your immeasurable love  
 in the redemption of the world by our Lord Jesus Christ;  
 for the means of grace, and for the hope of glory.  
 And, we pray, give us such an awareness of your mercies,  
 that with truly thankful hearts we may show forth your praise,  
 not only with our lips, but in our lives,  
 by giving up our selves to your service,  
 and by walking before you  
 in holiness and righteousness all our days;  
 through Jesus Christ our Lord,  
 to whom, with you and the Holy Spirit,  
 be honor and glory throughout all ages. Amen.

A PRAYER OF ST. CHRYSOSTOM

*Officiant* Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting.

*All* Amen.

*Officiant* Let us bless the Lord.

*All* Thanks be to God.

*Officiant* Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever.

*All* Amen.



+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage – Officiant and Preacher

COVER ART: We are grateful to The Rev. George Chien, (UMC, MCC) for creating the bulletin artwork.



## Rule of Life? Part II

Join us after the 10am service for Part 2 of our series on “A Rule of Life” We will take time in small groups to share and reflect on what practices help to shape and sustain our journeys with God and could be a help to us. Remember: a rule of life can be as simple as starting each day acknowledging God and ending each day giving thanks to God for the day.

\*As a reminder, the 10:00 am worship service will be on YouTube and then we’ll log into zoom for a brief coffee hour and then the Adult Forum.

## LET US PRAY

In our Parish Cycle of Prayer we pray for Peter, Anne & Philip Green; Carla & Davonté Griffith and Trocari Griffith-McCalop; Ron Gripp and the Intercessory Prayer Group (Prayer Tree).

In our Diocesan Cycle of Prayer we pray for Saint Luke’s, Darien; St. Paul’s, Darien; Immanuel St. James, Derby and ministries to, with, and for the deaf.

In the Anglican Cycle of Prayer we pray for The Church of Bangladesh.

We pray for Kate Smith, Sam Hines and Yoleanna Russo, Juli Porter, Alexandra Adams, Juhudi Mgombo, Nancy Crandall, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtanga; Alice Turcotte; Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Joseph Negrelli Jr. and his family, Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau’s dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God’s kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

# Announcements

## UPDATE ON THE MINYEKO FAMILY

Jeanette Minyeko wishes to convey her deep gratitude to Trinity's parishioners for their generosity and caring. Little Jeanette, the 1½ year-old grandchild, is having a great time with the board books and educational toys supplied by several of our parishioners, and Roger, is already deriving benefit (and hope) by studying intermediate English with a retired ESOL teacher arranged by Kate Byroade. The three non-English speakers, Jeanette, her eldest son, and his wife, are now studying beginner's English with two ESOL teacher who were part of the resettlement teams for Trinity's Syrian and Afghani teachers. The family is also very grateful for a donation that has allowed them to pay off their overdue electric bill. The family remains in financial need, since three of their four wage-earners have lost their jobs due to COVID-19.

### *Still urgently needed:*

- 1) *A good-condition used sewing machine* for Roger and Abedi, who were trained by their father as tailors. Roger also designs African clothing, and is available to do so for any Trinity members who would like to utilize his services. Also, if you have any sort of tailoring needs, Roger and Abedi are there for you. A refugee team member can bring your items to their apartment and pick them up when the work is completed.
- 2) *Volunteers to drive family members to doctor and dentist appointments.*
- 3) *A used car in good condition.* The lack of a car makes it virtually impossible for Roger and Abedi to get to work, since their apartment is located in an area with poor bus access.

If you have or know of a sewing machine or a car for donation, please contact Anne Rapkin at [a.rapkin@snet.net](mailto:a.rapkin@snet.net) or 860-521-5992.

**Giving Statements** were mailed the end of this week to those who made an offering to Trinity Church during 2020. If you do not receive a statement by January 30, 2021, please contact Barbara Roos at [office@trinityhartford.org](mailto:office@trinityhartford.org) or 860-527-8133 ext. 204.



**SHOTS**

Vaccination Info: People 75 and older are now eligible to receive the COVID-19 vaccination. More information about scheduling an appointment to receive the vaccine can be found here <https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---75-and-older>

## TRINITY'S CASSEROLE MINISTRY

Trinity Church is not just a beautiful building; it is a community—a community that reaches out to help parishioners and their families in times of need, such as after surgery, during illness, when a new baby has arrived or a family member has died. Your Casserole Ministry is there to provide prepared meals when meal-preparation is hard to manage.

All of us experience times of hardship when a helping hand is welcome. If you are experiencing such a time and could use help with meals, please contact **Anne Rapkin** at [a.rapkin@snet.net](mailto:a.rapkin@snet.net) or 860-521-5992.

And if you receive a message asking you to participate in the Casserole Ministry, consider that call an opportunity to do Christ's will, by extending love to your sisters and brothers. 'Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.' *Mt 25:40*



Check out what Michael Okeke, a Trinity Church parishioner, storyteller, actor, children's entertainer, and full time student has developed to bring the art of storytelling to children at home.

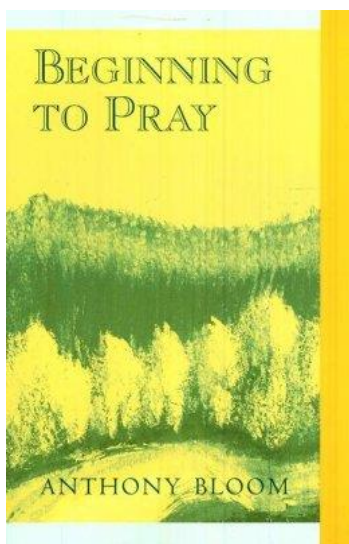
The Cora J. Belden Library in Rocky Hill is presenting "Tell Me A Story" - Readers Theater Unscripted!" Wednesdays on February 3, 10, 17 & 24 at 6:30 pm via Zoom.

Do you like listening and telling stories! We've got just the program for you. Miss Jen and special guest and performer Michael Okeke will be putting on this four-part series that explores stories and acting in a FUN new way! We'll listen to stories, play acting games and put on short plays. The plays will be unscripted- we will create something together using Improv techniques for a fun, spontaneous experience!

No prior acting experience is needed. Just bring your creative energy and smiles!  
**This program is recommended for ages 7 and up.**

Click on the [registration link](#) to sign up for one, two or all four of the sessions. For further information contact Michael Okeke at [okekemikey356@gmail.com](mailto:okekemikey356@gmail.com) or 860-836-1819.

### You're invited....



In response to a conversation with Al Shuckra last May, a small group of Trinity parishioners decided to read and discuss “The Universal Christ” by Richard Rohr, meeting by Zoom every Monday evening for an hour, over a number of months. The last chapter we read together the week after Al died.

Our experience was so rich that we’ve decided to continue. We are just about to finish “The Book of Joy,” the fruit of a weeklong visit between the Dalai Lama and Archbishop Desmond Tutu.

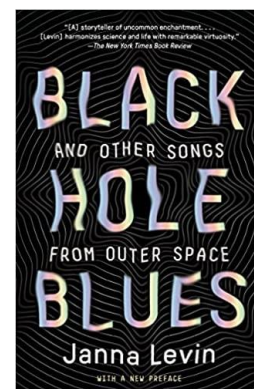
We’d like to invite you to join us in reading and discussing our next book, “Beginning to Pray,” by Metropolitan Anthony Bloom. This straightforward and provocative book is considered one of the spiritual classics of the 20<sup>th</sup> century. Anthony Bloom, originally from Russia, was a medical doctor in France, and Orthodox monk, priest, and bishop who served the Orthodox community in London, UK.

We meet Mondays from 7:30 to 8:30 pm via Zoom, beginning again with our new book on Monday, Feb 1, 2021.

For more information, contact Drew Smith at [ktadsmith@comcast.net](mailto:ktadsmith@comcast.net) or 860-331-9021.

### Trinity Book Group

Trinity's Book Group has chosen a nonfiction work for its January meeting: *Black Hole Blues and Other Songs from Outer Space*. The author, astrophysicist Janna Levin, is described as “a storyteller of uncommon enchantment... who harmonizes science and life with remarkable virtuosity” by the New York Times Book Review. The book recounts the story of the scientists who, in 2015, recorded the first sounds from space, caused by the collision of two black holes. *Black Hole Blues* is available on Amazon and bookstores. **Book Group will meet, via Zoom, on Friday, January 22nd, at 7:00 pm.** All are welcome to attend! For the link, please contact Linda MacGougan ([macgougans@gmail.com](mailto:macgougans@gmail.com) ).



## **You are Invited --- Bible Study/Reflection Group - Tuesdays 5:15-6:15**

Our group just finished an 8-session reading and reflecting on the Psalms.

**You are invited and welcome to join us. We have begun another series reading and reflecting on the Book of the Acts of the Apostles.** Acts is written in the form of a history about the growth and change in the Church after Jesus' Resurrection. It's filled with stories about Peter and Paul and Dorcas and Lydia and many others.

*No prior background or Bible study is required or necessary, just a willing heart and an open mind.*

We meet on Zoom: <https://us02web.zoom.us/j/82037586853>

Password: 1898

If you wish to participate, we suggest that you enter the Zoom meeting at 5 PM this Tuesday to get oriented to Zoom and the meeting. You can send your email address to Roy McAlpine to let him know you would like to attend. He will send you the Zoom URL and the reading for the session. Roy's email is [rmcalpine@comcast.net](mailto:rmcalpine@comcast.net), and cell is 860-338-4525.

## Weekly Calendar

**Sunday, January 24<sup>th</sup>**      **Third Sunday after Epiphany**

8:00 A.M. Call-in Morning Prayer – Phone call

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube);  
Zoom Coffee Hour/Adult Christian Formation following

**Monday, January 25<sup>th</sup>**

Trinity Academy – on-line

**Tuesday, January 26<sup>th</sup>**

Trinity Academy - on-line

5:15 P.M. Bible Study via Zoom

6:00 P.M. Choir School rehearsal - Church

**Wednesday, January 27<sup>th</sup>**

Trinity Academy - Closed

**Thursday, January 28<sup>th</sup>**

Trinity Academy – Via on-line

12:00 P.M. Noonday Prayer - Zoom

6:00 P.M. Choir School rehearsal - Church

**Friday, January 29<sup>th</sup>**

**Saturday, January 30<sup>th</sup>**

10:00 A.M. Sanctuary Stitchers – via Zoom

**Sunday, January 31<sup>st</sup>**      **The Fourth Sunday after Epiphany**

8:00 A.M. Call-In Morning Prayer

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube)  
Zoom Coffee Hour/Adult Christian Formation following



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