TRINITY EPISCOPAL CHURCH

THE THIRD SUNDAY AFTER EPIPHANY

JANUARY 24, 2021

A PLACE OF WELCOME, HOPE & HEALING



Trinity Episcopal Church 120 Sigourney Street • Hartford, Connecticut • 06105-2796 860.527.8133 • THE THIRD SUNDAY AFTER EPIPHANY HOLY EUCHARIST RITE II WITH SPIRITUAL COMMUNION

JANUARY 24, 2021

Prelude	O Master, Let Me Walk With Thee	Dale Wood (1934-2003)
GATHERING	HYMN O Master, Let Me Walk With Thee	#660 1982 Hymnal
THE OPENING ACCLAMATION		BCP 355
Presider People	Blessed be God, Father, Son and Holy Spirit. And blessed be God's kingdom, now and forever. Amen.	
COLLECT FOR PURITY		
All	Almighty God, to you all hearts are open, all desires known, and from you no secrets are	

All Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE GLORIA Spoken in unison

> Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

PresiderThe Lord be with you.PeopleAnd also with you.

Presider Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

THE FIRST READING

JONAH 3:1-5, 10

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

PSALM 62:6-14

6 For God alone my soul in silence waits	s; *
truly, my hope is in him.	

7 He alone is my rock and my salvation, * my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; * God is my strong rock and my refuge.

- 9 Put your trust in him always, O people, * pour out your hearts before him, for God is our refuge.
- 10 Those of high degree are but a fleeting breath, * even those of low estate cannot be trusted.
- 11 On the scales they are lighter than a breath, * all of them together.

12 Put no trust in extortion; in robbery take no empty pride; * though wealth increase, set not your heart upon it.

- 13 God has spoken once, twice have I heard it, * that power belongs to God.
- 14 Steadfast love is yours, O Lord, * for you repay everyone according to his deeds.

Michelle Horsley, cantor

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

SEQUENCE HYMN How Wondrous and Great

THE HOLY GOSPEL

PresiderThe Holy Gospel of our Lord Jesus Christ according to Mark.PeopleGlory to you, Lord Christ.After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and

saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Presider The Gospel of the Lord. People Praise to you, Lord Christ.

Sermon

Silence for reflection.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation BCP 358

The Rev. D. Littlepage

Mark 1:14-20

#533 1982 Hymnal

4

he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM II

BCP 385

In the silence after each bidding, you are invited to offer your prayers either silently or aloud.

Intercessor	I ask your prayers for God's people throughout the world; for our Bishops Michael, Ian, and Laura; for this gathering; and for all ministers and people. Pray for the Church.
Silence	
Intercessor	I ask your prayers for this parish community.
	Almighty and ever living God, ruler of all things in heaven and earth, hear our prayers for Trinity Church in Hartford. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us the will and courage to dismantle anti-Black bias and White supremacy in ourselves and in the community around us. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church. Pray for Trinity Church.
Silence	
Intercessor	I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
	O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne.
	Pray for justice and peace.

Silence

Intercessor	I ask your prayers for the poor, the sick, the hungry, the oppressed, and the I especially ask your prayers for those on our prayer list, those suffering and from COVID-19, and those charged with their care. Pray for those in any need or trouble.	1
Silence		
Intercessor	I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God.	
Silence		
Intercessor <i>Silence</i>	I ask your prayers for the departed. Pray for those who have died.	
Intercessor	Praise God for those in every generation in whom Christ has been honored Pray that we may have grace to glorify Christ in our own day.	
Confession	OF SIN	BCP 359

Presider Let us confess our sins against God and our neighbor. *Silence may be kept.*

Presider and People

1 / 00/00/ 0//00	Most merciful God,
	we confess that we have sinned against you
	in thought, word, and deed,
	by what we have done,
	and by what we have left undone.
	We have not loved you with our whole heart;
	we have not loved our neighbors as ourselves.
	We are truly sorry and we humbly repent.
	For the sake of your Son Jesus Christ,
	have mercy on us and forgive us;
	that we may delight in your will,
	and walk in your ways,
	to the glory of your Name. Amen.
Presider	Almighty God have mercy on you, forgive you all your sins
17031401	
	through our Lord Jesus Christ, strengthen you in all
	goodness, and by the power of the Holy Spirit keep you in
	eternal life.
People	Amen.
THE PEACE	
Presider	The peace of the Lord be always with you.
People	And also with you.

THE OFFERTORY SENTENCE

OFFERTORY MUSIC May the Mind of Christ, My Saviour

David McIntyre (b. 1952)

The Great Thanksgiving: Enriching our worship Eucharistic prayer 3

Presider People Presider People Presider People	The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give God thanks and praise.
Presider	All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.
	Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:
	 Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.
Presider	Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.
	Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.
	We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."
	After supper Jesus took the cup of wine,

said the blessing, gave it to his friends and said:

"Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Presider and People

Dying, you destroyed our death. Rising, you restored our life. Christ Jesus, come in glory!

Presider Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

> Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People

Blessed are you now and for ever. AMEN.

THE LORD'S PRAYER

Presider	And now, as our Savior Christ has taught us, we now pray,
All	Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Presider breaks the consecrated Bread. A period of silence is kept.

PresiderAlleluia! Christ our Passover is sacrificed for us.PeopleTherefore let us keep the feast. Alleluia!

PRAYER FOR SPIRITUAL COMMUNION

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations. Grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, reshaping in your likeness the world around us, until we are gathered at last into the fullness of your glorious and eternal presence; through Christ our Risen Lord, Amen.

Communon Music	Ave Verum Corpus	W.A. Mozart (1756-1791)
Virtu	al Choir Anthem in collaboration u	vith Emanuel Lutheran Church

THE PRAYER AFTER COMMUNION

Presider	Let us pray.
All	Eternal God, heavenly Father,
	you have graciously accepted us as living members
	of your Son our Savior Jesus Christ,
	and you have fed us with spiritual food
	through your Word and Presence.
	Send us now into the world in peace,
	and grant us strength and courage
	to love and serve you
	with gladness and singleness of heart;
	through Christ our Lord. Amen

THE BLESSING

Presider May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, Holy Eternal Majesty, Holy Incarnate Word, Holy Abiding Spirit be among you and remain with you always.
 People Amen.

THE DISMISSAL

PresiderLet us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia.PeopleThanks be to God. Alleluia.

Soon and Very Soon

POSTLUDE Postlude (excerpt) (Missa Beati)

Erling Wold (b. 1958)

In June of 2011, I was hitchhiking through Bulgaria and stumbled upon a 16th century Orthodox church (Church of St. Petka) inconspicuously tucked under a modern highway. There I heard another person speaking English – a rare sound to my ears at the time. That is how I met composer Erling Wold, who was there to premiere his beautiful Missa Beati. He gave me a recording of the mass, which ends unexpectedly with this movement for solo organ. His music quickly became the soundtrack of my travels and he later wrote a piece about our chance encounter. Through my own story of it, I experience this excerpt as an embodiment of hope and divine connection - the Spirit which weaves through churches past and present and which lifts us all. M. Horsley



The words of the service are taken from The Book of Common Prayer.

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Cover Art: We are grateful to The Rev. George Chien (UMC, MCC) for creating the artwork on the cover.

+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage - Officiant and Preacher

Readers Dinaka Onoh Jon Widing

Intercessor Drew Smith

Cantors Sophie Reilly, Julieta Jimenez-Bido

> Director of Music Michelle Horsley

Virtual Vergers Casey Rousseau Jake Troiano

Rule of Life? Part II

Join us after the 10am service for Part 2 of our series on "A Rule of Life" We will take time in small groups to share and reflect on what practices help to shape and sustain our journeys with God and could be a help to us. Remember: a rule of life can be as simple as starting each day acknowledging God and ending each day giving thanks to God for the day.

*As a reminder, the 10:00 am worship service will be on YouTube and then we'll log into zoom for a brief coffee hour and then the Adult Forum.

LET US PRAY

In our Parish Cycle of Prayer we pray for Peter, Anne & Philip Green; Carla & Davonté Griffith and Trocari Griffith-McCalop; Ron Gripp and the Intercessory Prayer Group (Prayer Tree).

In our Diocesan Cycle of Prayer we pray for Saint Luke's, Darien; St. Paul's, Darien; Immanuel St. James, Derby and ministries to, with, and for the deaf.

In the Anglican Cycle of Prayer we pray for The Church of Bangladesh.

We pray for Kate Smith, Sam Hines and Yoleanna Russo, Juli Porter, Alexandra Adams, Juhudi Mgombo, Nancy Crandall, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengatenga; Alice Turcotte; Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Joseph Negrelli Jr. and his family, Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

Announcements

UPDATE ON THE MINYEKO FAMILY

Jeanette Minyeko wishes to convey her deep gratitude to Trinity's parishioners for their generosity and caring. Little Jeanette, the 1½ year-old grandchild, is having a great time with the board books and educational toys supplied by several of our parishioners, and Roger, is already deriving benefit (and hope) by studying intermediate English with a retired ESOL teacher arranged by Kate Byroade. The three non-English speakers, Jeanette, her eldest son, and his wife, are now studying beginner's English with two ESOL teacher who were part of the resettlement teams for Trinity's Syrian and Afghani teachers. The family is also very grateful for a donation that has allowed them to pay off their overdue electric bill. The family remains in financial need, since three of their four wage-earners have lost their jobs due to COVID-19.

Still urgently needed:

1) A good-condition used sewing machine for Roger and Abedi, who were trained by their father as tailors. Roger also designs African clothing, and is available to do so for any Trinity members who would like to utilize his services. Also, if you have any sort of tailoring needs, Roger and Abedi are there for you. A refugee team member can bring your items to their apartment and pick them up when the work is completed.

2) Volunteers to drive family members to doctor and dentist appointments.

3) A used car in good condition. The lack of a car makes it virtually impossible for Roger and Abedi to get to work, since their apartment is located in an area with poor bus access.

If you have or know of a sewing machine or a car for donation, please contact Anne Rapkin at <u>a.rapkin@snet.net</u> or 860-521-5992.

Giving Statements were mailed the end of this week to those who made an offering to Trinity Church during 2020. If you do not receive a statement by January 30, 2021, please contact Barbara Roos at <u>office@trinityhartford.org</u> or 860-527-8133 ext. 204.





Vaccination Info: People 75 and older are now eligible to receive the COVID-19 vaccination. More information about scheduling an appointment to receive the vaccine can be found here <u>https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---75-and-</u>older

TRINITY'S CASSEROLE MINISTRY

Trinity Church is not just a beautiful building; it is a community—a community that reaches out to help parishioners and their families in times of need, such as after surgery, during illness, when a new baby has arrived or a family member has died. Your Casserole Ministry is there to provide prepared meals when meal-preparation is hard to manage.

All of us experience times of hardship when a helping hand is welcome. If you are experiencing such a time and could use help with meals, please contact Anne Rapkin at <u>a.rapkin@snet.net</u> or 860-521-5992.

And if you receive a message asking you to participate in the Casserole Ministry, consider that call an opportunity to do Christ's will, by extending love to your sisters and brothers. 'Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.' Mt 25:40



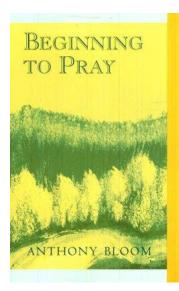
Check out what Michael Okeke, a Trinity Church parishioner, storyteller, actor, children's entertainer, and full time student has developed to bring the art of storytelling to children at home. The Cora J. Belden Library in Rocky Hill is presenting "Tell Me A Story" - Readers Theater Unscripted!" Wednesdays on February 3, 10, 17 & 24 at 6:30 pm via Zoom.

Do you like listening and telling stories! We've got just the program for you. Miss Jen and special guest and performer Michael Okeke will be putting on this four-part series that explores stories and acting in a FUN new way! We'll listen to stories, play acting games and put on short plays. The plays will be unscripted- we will create something together using Improv techniques for a fun, spontaneous experience!

No prior acting experience is needed. Just bring your creative energy and smiles! This program is recommended for ages 7 and up.

Click on the <u>registration link</u> to sign up for one, two or all four of the sessions. For further information contact Michael Okeke at <u>okekemikey356@gmail.com</u> or 860-836-1819.

BOOKS THAT FEED THE SPIRIT.....



You're invited....

In response to a conversation with Al Shuckra last May, a small group of Trinity parishioners decided to read and discuss "The Universal Christ" by Richard Rohr, meeting by Zoom every Monday evening for an hour, over a number of months. The last chapter we read together the week after Al died.

Our experience was so rich that we've decided to continue. We are just about to finish "The Book of Joy," the fruit of a weeklong visit between the Dalai Lama and Archbishop Desmond Tutu.

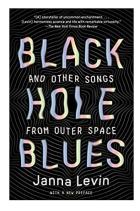
We'd like to invite you to join us in reading and discussing our next book, "Beginning to Pray," by Metropolitan Anthony Bloom. This straightforward and provocative book is considered one of the spiritual classics of the 20th century. Anthony Bloom, originally from Russia, was a medical doctor in France, and Orthodox monk, priest, and bishop who served the Orthodox community in London, UK.

We meet Mondays from 7:30 to 8:30 pm via Zoom, beginning again with our new book on Monday, Feb 1, 2021.

For more information, contact Drew Smith at <u>ktadsmith@comcast.net</u> or 860-331-9021.

Trinity Book Group

Trinity's Book Group has chosen a nonfiction work for its January meeting: *Black Hole Blues and Other Songs from Outer Space.* The author, astrophysicist Janna Levin, is described as "a storyteller of uncommon enchantment... who harmonizes science and life with remarkable virtuosity" by the New York Times Book Review. The book recounts the story of the scientists who, in 2015, recorded the first sounds from space, caused by the collision of two black holes. *Black Hole Blues* is available on Amazon and bookstores. **Book Group will meet, via Zoom, on Friday, January 22nd, at 7:00 pm.** All are welcome to attend! For the link, please contact Linda MacGougan (macgougans@gmail.com).



You are Invited --- Bible Study/Reflection Group - Tuesdays 5:15-6:15

Our group just finished an 8-session reading and reflecting on the Psalms.

You are invited and welcome to join us. We have begun another series reading and reflecting on the Book of the Acts of the Apostles. Acts is written in the form of a history about the growth and change in the Church after Jesus' Resurrection. It's filled with stories about Peter and Paul and Dorcas and Lydia and many others.

No prior background or Bible study is required or necessary, just a willing heart and an open mind.

We meet on Zoom: https://us02web.zoom.us/j/82037586853 Password: 1898

If you wish to participate, we suggest that you enter the Zoom meeting at 5 PM this Tuesday to get oriented to Zoom and the meeting. You can send your email address to Roy McAlpine to let him know you would like to attend. He will send you the Zoom URL and the reading for the session. Roy's email is rmcalpine@comcast.net, and cell is 860-338-4525.

Weekly Calendar

Sunday, January 24th Third Sunday after Epiphany 8:00 A.M. Call-in Morning Prayer – Phone call 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube); Zoom Coffee Hour/Adult Christian Formation following Monday, January 25th Trinity Academy – on-line

Tuesday, January 26th

Trinity Academy - on-line 5:15 P.M. Bible Study via Zoom 6:00 P.M. Choir School rehearsal - Church

Wednesday, January 27th Trinity Academy - Closed

Thursday, January 28th

Trinity Academy – Via on-line 12:00 P.M. Noonday Prayer - Zoom 6:00 P.M. Choir School rehearsal - Church

Friday, January 29th

Saturday, January 30th 10:00 A.M. Sanctuary Stitchers – via Zoom

Sunday, January 31st The Fourth Sunday after Epiphany

8:00 A.M. Call-In Morning Prayer

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube) Zoom Coffee Hour/Adult Christian Formation following



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