TRINITY EPISCOPAL CHURCH

THE FOURTH SUNDAY AFTER EPIPHANY

JANUARY 31, 2021

A PLACE OF WELCOME, HOPE & HEALING



10:00 AM HOLY EUCHARIST RITE II WITH SPIRITUAL COMMUNION

PRELUDE Prelude in A minor, BWV 543

J.S. Bach (1685-1750)

WELCOME

The Rev. D.

Littlepage

GATHERING HYMN O For a Thousand Tongues to Sing

#493 1982 Hymnal

THE OPENING ACCLAMATION

BCP 355

Presider Blessed be God

Blessed be God, Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever. Amen.

COLLECT FOR PURITY

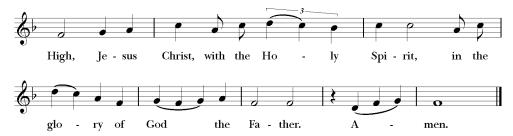
All

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE GLORIA \$280

Robert Powell





THE COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

THE FIRST READING

Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader

Hear what the Spirit is saying to God's people.

People

Thanks be to God.

PSALM 111:1-10

setting by Gordon Johnson

- 1 Hallelujah! How good it is to sing praises | to our God! How pleasant it is to honor | God with praise!
- 2 The LORD re- | builds Jerusalem, and gathers the ex- | iles of Israel.
- 3 The LORD heals the | brokenhearted and binds | up their wounds.
- 4 The LORD counts the number | of the stars and calls them all | by their names.
- 5 Great is our LORD and might- I y in power; there is no limit I to God's wisdom.
- 6 The LORD lifts | up the lowly, but casts the wicked | to the ground.
- 7 Sing to the LORDI with thanksgiving; make music upon the harp I to our God,
- 8 who covers the heav- lens with clouds and prepares rain for the earth, making grass to grow up- lon the mountains.
- 9 God provides food | for the cattle and for the young ravens | when they cry.
- 10 God is not impressed by the might | of a horse, and has no pleasure in the speed | of a runner,
- 11 but finds pleasure in those who I fear the LORD, in those who await God's steadfast love.
- 20cl Hallelujah!

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader

Hear what the Spirit is saying to God's people.

People

Thanks be to God.

SEQUENCE HYMN Deck Thyself My Soul With Gladness

#339 1982 Hymnal

THE HOLY GOSPEL Mark 1:21-28

Presider **People**

The Holy Gospel of our Lord Jesus Christ according to Mark. Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Presider **People**

The Gospel of the Lord. Praise to you, Lord Christ.

SERMON

The Rev. D. Littlepage

THE NICENE CREED BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM II

BCP 385

In the silence after each bidding, you are invited to offer your prayers either silently or aloud.

Intercessor

I ask your prayers for God's people throughout the world; for our Bishops Michael, Ian, and Laura; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

Intercessor

I ask your prayers for this parish community.

Almighty and ever living God, ruler of all things in heaven and earth, hear our prayers for Trinity Church in Hartford. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us the will and courage to dismantle anti-Black bias and White supremacy in ourselves and in the community around us. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church. Pray for Trinity Church.

Silence

Intercessor

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne.

Pray for justice and peace.

Silence

Intercessor

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. I especially ask your prayers for those on our prayer list, those suffering and recovering from COVID-19, and those charged with their care.

Pray for those in any need or trouble.

Silence

Intercessor

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God.

Silence

Intercessor

I ask your prayers for the departed, especially Alexandra Adams. Pray for those who have died.

Silence

Intercessor

Praise God for those in every generation in whom Christ has been honored Pray that we may have grace to glorify Christ in our own day.

CONFESSION OF SIN BCP 359

Presider Let us confess our sins against God and our neighbor. Silence may be kept.

Presider and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways,

to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins

through our Lord Jesus Christ, strengthen you in all

goodness, and by the power of the Holy Spirit keep you in

eternal life.

People Amen.

THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

THE OFFERTORY SENTENCE

Schmucke dich, o liebe Seele - Op. 122, No. 5 - Johannes Brahms (1833-1897) **OFFERTORY MUSIC**

THE GREAT THANKSGIVING: ENRICHING OUR WORSHIP EUCHARISTIC PRAYER 3

Presider The Lord be with you. And also with you. People Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God. People It is right to give God thanks and praise.

Presider All thanks and praise are yours at all times and in all places,

our true and loving God;

through Jesus Christ, your eternal Word,

the Wisdom from on high by whom you created all things.

You laid the foundations of the world

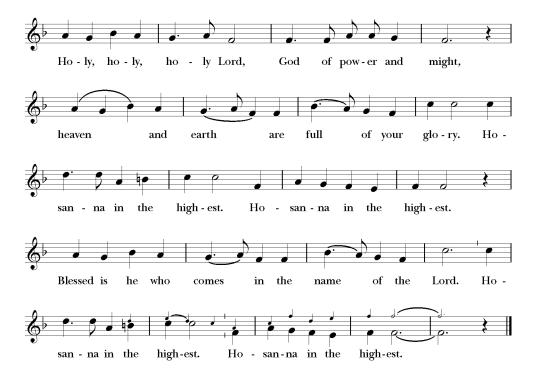
and enclosed the sea when it burst out from the womb;

You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises

we join the heavenly beings and all creation as we shout with joy:

SANCTUS: #S 125 Richard Proulx



Presider

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension,

longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Presider and People

Dying, you destroyed our death. Rising, you restored our life. Christ Jesus, come in glory!

Presider

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Presider and People

Blessed are you now and for ever. AMEN.

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we now pray,

All

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Presider breaks the consecrated Bread. A period of silence is kept.

Presider Alleluia! Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia!

PRAYER FOR SPIRITUAL COMMUNION

God of love and grace, of justice and peace, we give you thanks that in the Sacrament of the altar you assure us of your presence within us and within the body of Christ, the faithful through all the generations. Grant that we who have witnessed anew these holy mysteries, though unable to receive the physical elements of the Sacrament, may be moved by your indwelling Spirit ever more fully to embody your holy and life-giving presence, reshaping in your likeness the world around us, until we are gathered at last into the fullness of your glorious and eternal presence; through Christ our Risen Lord, Amen.

COMMUNON MUSIC Brightest and Best of the Stars of the Morning Jane McFadden (b. 1942) in collaboration with Emanuel Lutheran Church

THE PRAYER AFTER COMMUNION

Presider Let us pray.

All Eternal God, heavenly Father,

you have graciously accepted us as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food through your Word and Presence

through your Word and Presence. Send us now into the world in peace, and grant us strength and courage

to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen

THE BLESSING

Presider May Christ, the Son of God, be manifest in you, that your lives may be a

light to the world; and the blessing of God Almighty, Holy Eternal Majesty, Holy Incarnate Word, Holy Abiding Spirit be among you and remain with you always.

People Amen.

THE DISMISSAL

Presider Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia.

People Thanks be to God. Alleluia, alleluia.

SENDING HYMN Thou Whose Almighty Word #371 1982 Hymnal

ANNOUNCEMENTS THE REV. D. LITTLEPAGE

POSTLUDE Fugue in A minor, BWV 543 I.S. Bach (1685-1750)



The words of the service are taken from *The Book of Common Prayer*.

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Cover Art: We are grateful to The Rev. George Chien (UMC, MCC) for creating the artwork on the cover.

+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage – Officiant and Preacher

Readers

Kate Rousseau Linda MacGougan

Intercessor

Jim Bradley

Cantors

Martha Freimuth Tom Oberholtzer

Director of Music

Michelle Horsley

Virtual Vergers

Casey Rousseau

Jake Troiano

LET US PRAY

In our Parish Cycle of Prayer we pray for Pam & Georges Haddad, Jane Harris, Helen Hart and the Investment Committee.

In our Diocesan Cycle of Prayer we pray Epiphany, Durham; St. Gabriel's, East Berlin; St. Stephen's, East Haddam, Comite Hispano, Spanish-language Cursillo, Latino/Hispanic ministry in CT.

In the Anglican Cycle of Prayer we pray for Igreja Episcopal Anglicana do Brasil.

We pray for Kate Smith, Sam Hines and Yoleanna Russo, Juli Porter, Juhudi Mgombo, Nancy Crandall, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengatenga; Alice Turcotte; Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Joseph Negrelli Jr. and his family, Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died that they may have a place in your eternal kingdom, especially Alexandra Adams. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

Announcements

Run For Refugees: January 30 – February 14, 2021



Kate and Drew Smith will again be participating in the annual (first-ever virtual) 5K Run for Refugees race sponsored by IRIS (Integrated Refugee Immigration Services.) They are planning to walk this year (Kate with poles) on the afternoon of February 7th. They've been practicing walking on their street!

The registration and fund raising for the annual 5k provides refugees and immigrants with vital services such as housing, healthcare, job placement, education, and much more. In 2020, IRIS worked with over 1,500 refugees and immigrants, including assisting Trinity in resettling our Syrian, Afghan and Congolese families.

This event is the main fundraiser for IRIS as they work diligently to help newcomers to our country. To support us, go to Kate's link: https://runsignup.com/kateanddrew

No amount is too small and the refugees at IRIS thank you! Questions? Contact Kate Smith at <u>Kate48smith@comcast.net</u> or 860-519-1591

Pick Up Your Offering Envelopes

WHEN: Sunday, January 31, 2021

TIME: 12:30 pm – 1:30 pm

WHERE: Trinity Church – at the door to the Farmington

Avenue entrance. Mask Required

Barbara Roos will be on hand to distribute your envelopes. Know of someone for whom you can pick up envelopes and deliver to them? Great! Please coordinate with them and let Barbara know the details.



Questions: Call Barbara Roos at 860-527-8133 ext. 204 or office@trinityhartford.org

SAVE THE DATE: February 7: The Spirit in Spirituals – After Coffee

Join us next Sunday after Coffee as Trinity's Director of Music Ministries, Michelle Horsley, will lead us in an exploration of spirituals and their influence on centuries of music, in and outside the Church. We'll examine the deeper meaning of lyrics to familiar songs and also analyze the cultural implications of this foundational genre.



Annual Giving Statements were mailed the end of last week to those who made an offering to Trinity Church during 2020. If you do not receive a statement by January 30, 2021, please contact Barbara Roos at office@trinityhartford.org or 860-527-8133 ext. 204.

Update On The Minyeko Family

Jeanette Minyeko wishes to convey her deep gratitude to Trinity's parishioners for their generosity and caring. Little Jeanette, the 1½ year-old grandchild, is having a great time with the board books and educational toys supplied by several of our parishioners, and Roger, is already deriving benefit (and hope) by studying intermediate English with a retired ESOL teacher arranged by Kate Byroade. The three non-English speakers, Jeanette, her eldest son, and his wife, are now studying beginner's English with two ESOL teachers who were part of the resettlement teams for Trinity's Syrian and Afghani teachers. The family is also very grateful for a donation that has allowed them to pay off their overdue electric bill. The family remains in financial need, since three of their four wage-earners have lost their jobs due to COVID-19.

Still urgently needed:

- 1) A good-condition used sewing machine for Roger and Abedi, who were trained by their father as tailors. Roger also designs African clothing, and is available to do so for any Trinity members who would like to utilize his services. Also, if you have any sort of tailoring needs, Roger and Abedi are there for you. A refugee team member can bring your items to their apartment and pick them up when the work is completed.
- 2) Volunteers to drive family members to doctor and dentist appointments.
- 3) A used car in good condition. The lack of a car makes it virtually impossible for Roger and Abedi to get to work, since their apartment is located in an area with poor bus access.

If you have or know of a sewing machine or a car for donation, please contact Anne Rapkin at a.rapkin@snet.net or 860-521-5992.



Vaccination Info: People 75 and older are now eligible to receive the COVID-19 vaccination. More information about scheduling an appointment to receive the vaccine can be found here https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---75-and-older



CT Covid Vaccine Appointment Assist Line that can be accessed at 877-918-2224 M- F 8am-4:30pm.

TRINITY'S CASSEROLE MINISTRY

Trinity Church is not just a beautiful building; it is a community—a community that reaches out to help parishioners and their families in times of need, such as after surgery, during illness, when a new baby has arrived or a family member has died. Your Casserole Ministry is there to provide prepared meals when meal-preparation is hard to manage.

All of us experience times of hardship when a helping hand is welcome. If you are experiencing such a time and could use help with meals, please contact **Anne Rapkin** at <u>a.rapkin@snet.net</u> or 860-521-5992.

And if you receive a message asking you to participate in the Casserole Ministry, consider that call an opportunity to do Christ's will, by extending love to your sisters and brothers. 'Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.' Mt 25:40

You are Invited --- Bible Study/Reflection Group - Tuesdays 5:15-6:15

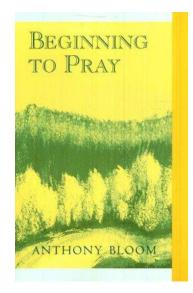
Our group just finished an 8-session reading and reflecting on the Psalms.

You are invited and welcome to join us. We have begun another series reading and reflecting on the Book of the Acts of the Apostles. Acts is written in the form of a history about the growth and change in the Church after Jesus' Resurrection. It's filled with stories about Peter and Paul and Dorcas and Lydia and many others.

No prior background or Bible study is required or necessary, just a willing heart and an open mind.

We meet on Zoom: https://us02web.zoom.us/j/82037586853 Password: 1898

If you wish to participate, we suggest that you enter the Zoom meeting at 5 PM this Tuesday to get oriented to Zoom and the meeting. You can send your email address to Roy McAlpine to let him know you would like to attend. He will send you the Zoom URL and the reading for the session. Roy's email is rmcalpine@comcast.net, and cell is 860-338-4525.



Life in the Spirit - Monday Night Book Group

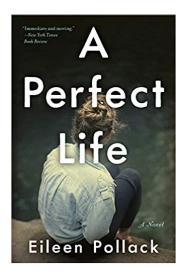
We'd like to invite you to join us in reading and discussing our next book, "Beginning to Pray," by Metropolitan Anthony Bloom. This straightforward and provocative book is considered one of the spiritual classics of the 20th century. Anthony Bloom, originally from Russia, was a medical doctor in France, and Orthodox monk, priest, and bishop who served the Orthodox community in London, UK.

We meet Mondays from 7:30 to 8:30 pm via Zoom, beginning again with our new book on Monday, Feb 1, 2021.

For more information, contact Drew Smith at ktadsmith@comcast.net or 860-331-9021.

Trinity Book Group

"A Perfect Life: A Novel" by Eileen Pollack is the featured work for Trinity book group's meeting on Friday, February 26th. Its main character is a scientist researching a serious genetic disorder affecting herself and her family. The story explores her brilliance and bravery as she confronts her deepest fears and desires, and then comes to accept the inevitable and the unexpected. All are welcome to join in the discussion, which will take place via Zoom from 7:00 - 8:00 pm on Feb. 26th. Contact Mark MacGougan at macgougans@gmail.com to receive a link.



Weekly Calendar

Sunday, January 31st Fourth Sunday after Epiphany

8:00 A.M. Call-in Morning Prayer – Phone call

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube); Zoom Coffee Hour following

Monday, February 1st

Trinity Academy - in person learning

5:30 P.M. Community For Racial Justice Committee - Zoom

7:30 P.M. Life in the Spirit - Book Club - Zoom

Tuesday, February 2nd

Trinity Academy – in person learning

2:00 P.M. Women Together (w/ St. John's and St. Monica's) via Zoom

5:15 P.M. Bible Study via Zoom

6:00 P.M. Choir School rehearsal - Church

Wednesday, February 3rd

Trinity Academy - Closed

Thursday, February 4th

Trinity Academy – in person learning

12:00 P.M. Noonday Prayer - Zoom

6:00 P.M. Choir School rehearsal - Church

Friday, February 5th

Saturday, February 6th

Sunday, February 7th The Fifth Sunday after Epiphany

8:00 A.M. Call-In Morning Prayer

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube)

Zoom Coffee and Adult Christian Formation: "The Spirit in Spirituals"



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