

TRINITY EPISCOPAL CHURCH

THE FIFTH SUNDAY AFTER EPIPHANY

MORNING PRAYER

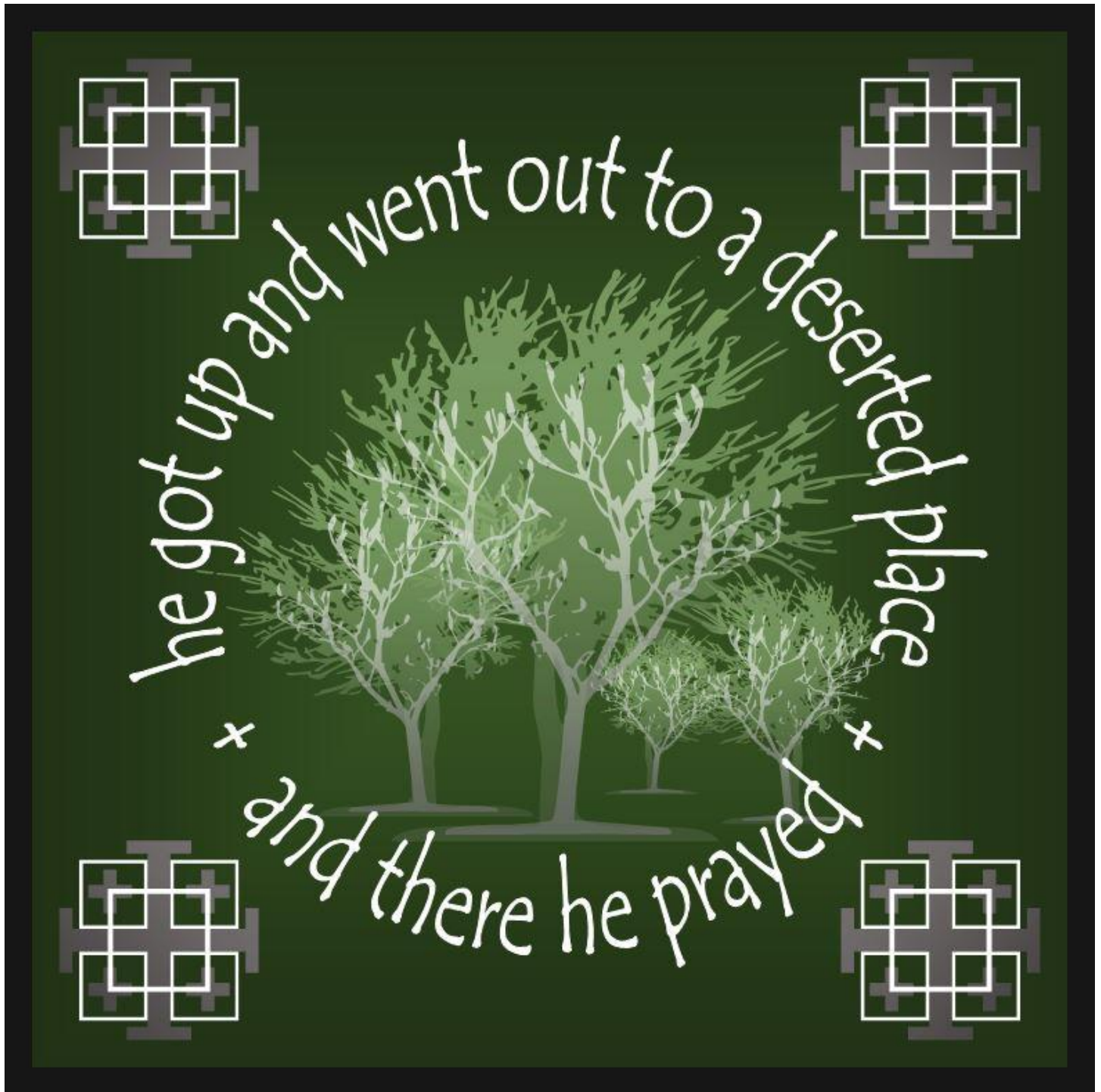
FEBRUARY 7, 2021

8:00 A.M.

PHONE IN NUMBER: 929-436-2866

MEETING ID: 881 9858 5999

A PLACE OF WELCOME, HOPE & HEALING



120 Sigourney Street, Hartford, Connecticut 06105-2796
860.527.8133 www.trinityhartford.org

MORNING PRAYER: RITE TWO

8:00 A.M. VIA TELEPHONE

WELCOME

The Rev. D. Littlepage

Officiant Nations shall come to your light, and kings to the brightness of your rising.

THE CONFESSION

BCP 79

Officiant Let us confess our sins against God and our neighbor.

All

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

THE INVITATORY AND PSALTER

Officiant Lord, open our lips;
People And our mouth shall proclaim your praise.

All Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen. Alleluia!

Officiant Worship the Lord in the beauty of holiness: Come let us adore him.

Please read in unison.

Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.

Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

PSALM 147:1-12, 21C

BCP 804

Please read responsively by verse.

1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.

3 He heals the brokenhearted *
and binds up their wounds.

4 He counts the number of the stars *
and calls them all by their names.

5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.

6 The LORD lifts up the lowly, *
but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.

8 He covers the heavens with clouds *
and prepares rain for the earth;

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

10 He provides food for flocks and herds *
and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.

21 Hallelujah!

Please read in unison.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

THE FIRST LESSON

Isaiah 40:21-31

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

CANTICLE 11

The Third Song of Isaiah

BCP 87

Please read in unison.

Arise, shine, for your light has come, *
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land; *
deep gloom enshrouds the peoples.
But over you the Lord will rise, *
and his glory will appear upon you.
Nations will stream to your light, *
and kings to the brightness of your dawning.
Your gates will always be open; *
by day or night they will never be shut.
They will call you, The City of the Lord, *
The Zion of the Holy One of Israel.
Violence will no more be heard in your land, *
ruin or destruction within your borders.
You will call your walls, Salvation, *
and all your portals, Praise.
The sun will no more be your light by day; *
by night you will not need the brightness of the moon.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

THE SECOND LESSON

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

CANTICLE 19 The Song of the Redeemed
Please read in unison.

BCP 94

O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.
Your ways are ways of righteousness and truth, *
O King of all the ages.

Who can fail to do you homage, Lord,
and sing the praises of your Name? *
for you only are the Holy One.
All nations will draw near and fall down before you, *
because your just and holy works have been revealed.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

THE GOSPEL LESSON

Mark 1:29-39

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

SERMON

The Rev. D. Littlepage

Silence for reflection.

Officiant Let us affirm our faith together in the words of the Apostles' Creed.

THE APOSTLES' CREED

BCP 96

All I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS

Officiant The Lord be with you.

All And also with you.

Officiant Let us pray.

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Officiant Show us your mercy, O Lord;
People And grant us your salvation.

Officiant Clothe your ministers with righteousness;
People Let your people sing with joy.

Officiant Give peace, O Lord, in all the world;
People For only in you can we live in safety.

Officiant Lord, keep this nation under your care;
People And guide us in the way of justice and truth.

Officiant Let your way be known upon earth;
People Your saving health among all nations.

Officiant Let not the needy, O Lord, be forgotten;
People Nor the hope of the poor be taken away.

Officiant Create in us clean hearts, O God;
People And sustain us with your Holy Spirit.

COLLECT OF THE DAY

BCP 215

Officiant Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
All Amen.

PRAYER FOR THE HUMAN FAMILY

BCP 815

Officiant O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord.
All Amen.

A COLLECT FOR SUNDAYS

BCP 98

Officiant O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord.
All Amen.

Officiant Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ.

All Amen.

*At this time, you are invited to share your prayers either silently or aloud.
If you pray aloud, please end your prayer with "This is my prayer"
Everyone else should respond "This is our prayer."*

Officiant Let us join together in the words of the General Thanksgiving.

THE GENERAL THANKSGIVING

BCP 101

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

A PRAYER OF ST. CHRYSOSTOM

Officiant Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting.

All Amen.

Officiant Let us bless the Lord.

All Thanks be to God.

Officiant Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever.

All Amen.



+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage – Officiant and Preacher

COVER ART: We are grateful to The Rev. George Chien, (UMC, MCC) for creating the bulletin artwork.

The words of the service are taken from *The Book of Common Prayer*.

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LET US PRAY

In our Parish Cycle of Prayer we pray for Sue Hart, Cindi Harvey, Jorja Henderson and the Jerusalem Ministries.

In our Diocesan Cycle of Prayer we pray for All Saint's, East Hartford; Christ & the Epiphany, East Haven; St. John's, East Windsor and the Haitian ministry in the Episcopal Church in Connecticut.

In the Anglican Cycle of Prayer we pray for the The Anglican Church of Burundi.

We pray for Kate Smith, Sam Hines and Yoleanna Russo, Juli Porter, Juhudi Mgombo, Nancy Crandall, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtanga; Alice Turcotte; Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Joseph Negrelli Jr. and his family, Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

Announcements

Join us TODAY after the 10 AM Service for “The Spirit in Spirituals”

Trinity’s Director of Music Ministries, Michelle Horsley, will lead us in an exploration of spirituals and their influence on centuries of music, in and outside the Church. We’ll examine the deeper meaning of lyrics to familiar songs and also analyze the cultural implications of this foundational genre.

Save the Date

Open Forum on Racism in Healthcare on Sunday, February 21

Racial disparities in health have been around much longer than COVID-19. Please plan to join the Trinity Community for Racial Justice to learn more about how systemic racism affects both the healthcare and the health outcomes for Black, Indigenous, and People of Color. The forum will follow the online worship service on February 21.

Run For Refugees: January 30 – February 14, 2021



Kate and Drew Smith will again be participating in the annual (first-ever virtual) 5K Run for Refugees race sponsored by IRIS (Integrated Refugee Immigration Services.) They are planning to walk this year (Kate with poles) on the afternoon of February 7th. They’ve been practicing walking on their street!

The registration and fund raising for the annual 5k provides refugees and immigrants with vital services such as housing, healthcare, job placement, education, and much more. In 2020, IRIS worked with over 1,500 refugees and immigrants, including assisting Trinity in resettling our Syrian, Afghan and Congolese families.

This event is the main fundraiser for IRIS as they work diligently to help newcomers to our country. To support us, go to Kate’s link: <https://runsignup.com/kateanddrew>

No amount is too small and the refugees at IRIS thank you!

Questions? Contact Kate Smith at Kate48smith@comcast.net or 860-519-1591

Ash Wednesday Services

trinityhartford.org

February 17
2021



Noon – 1:00 pm

Prayers & Ashes

Come when you can
Farmington Ave. Parking Lot

7:00 pm Full Liturgy

Streamed via YouTube

NEEDED FOR TRINITY'S REFUGEE FAMILIES



Each year, VITAS, a service of the state Dept. of Revenue services, prepares without charge federal and state income tax returns of low-income taxpayers. However, due to the pandemic, VITAS is closed. Therefore, the Refugee Committee is looking for a parishioner who would be willing, via ZOOM, to help our Syrian and Afghani families prepare their tax returns. There are two filers in one family and one filer in the other. Their returns are simple, but they still need help at this point.

The family is also looking for a used CD player in good condition, for use with English language-learning CDs.

Please contact Anne Rapkin, a.rapkin@snet.net or 860-521-5992 if you are willing to help.



Update On The Minyeko Family

Jeanette Minyeko wishes to convey her deep gratitude to Trinity's parishioners for their generosity and caring. Little Jeanette, the 1½ year-old grandchild, is having a great time with the board books and educational toys supplied by several of our parishioners, and Roger, is already deriving benefit (and hope) by studying intermediate English with a retired ESOL teacher arranged by Kate Byroade. The three non-English speakers, Jeanette, her eldest son, and his wife, are now studying beginner's English with two ESOL teachers who were part of the resettlement teams for Trinity's Syrian and Afghani teachers. The family is also very grateful for a donation that has allowed them to pay off their overdue electric bill. The family remains in financial need, since three of their four wage-earners have lost their jobs due to COVID-19.

Still urgently needed:

- 1) *A good-condition used sewing machine* for Roger and Abedi, who were trained by their father as tailors. Roger also designs African clothing, and is available to do so for any Trinity members who would like to utilize his services. Also, if you have any sort of tailoring needs, Roger and Abedi are there for you. A refugee team member can bring your items to their apartment and pick them up when the work is completed.
- 2) *Volunteers to drive family members to doctor and dentist appointments.*
- 3) *A used car in good condition.* The lack of a car makes it virtually impossible for Roger and Abedi to get to work, since their apartment is located in an area with poor bus access.

If you have or know of a sewing machine or a car for donation, please contact **Anne Rapkin** at a.rapkin@snet.net or 860-521-5992.



Vaccination Info: People 75 and older are now eligible to receive the COVID-19 vaccination. More information about scheduling an appointment to receive the vaccine can be found here <https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---75-and-older>



CT Covid Vaccine Appointment Assist Line that can be accessed at 877-918-2224
M- F 8am-4:30pm.

TRINITY'S CASSEROLE MINISTRY

Trinity Church is not just a beautiful building; it is a community—a community that reaches out to help parishioners and their families in times of need, such as after surgery, during illness, when a new baby has arrived or a family member has died. Your Casserole Ministry is there to provide prepared meals when meal-preparation is hard to manage.

All of us experience times of hardship when a helping hand is welcome. If you are experiencing such a time and could use help with meals, please contact Anne Rapkin at a.rapkin@snet.net or 860-521-5992.



And if you receive a message asking you to participate in the Casserole Ministry, consider that call an opportunity to do Christ's will, by extending love to your sisters and brothers. 'Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.' Mt 25:40



You are Invited --- Bible Study/Reflection Group – Tuesdays 5:15 pm -6:15 pm

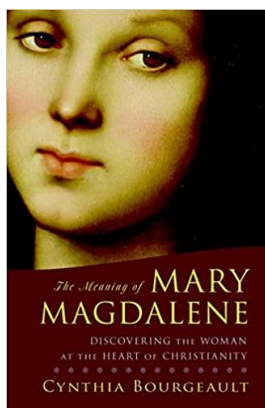
You are invited and welcome to join us. We are reading and reflecting on the Book of the Acts of the Apostles. Acts is written in the form of a history about the growth and change in the Church after Jesus' Resurrection. It's filled with stories about Peter and Paul and Dorcas and Lydia and many others.

No prior background or Bible study is required or necessary, just a willing heart and an open mind.

We meet on Zoom: <https://us02web.zoom.us/j/82037586853>
Password: 1898

If you wish to participate, you can send your email address to Roy McAlpine. He will send you the Zoom URL and the reading for the session. Roy's email is rmcalpine@comcast.net, and cell is 860-338-4525.

BOOKS THAT FEED THE SPIRIT.....

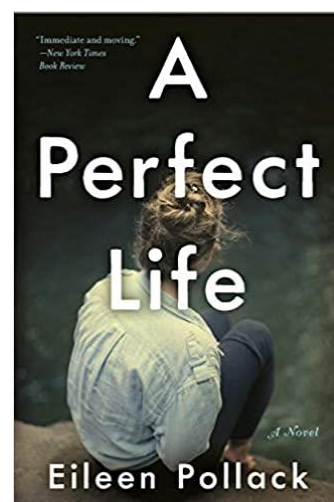


Women Together

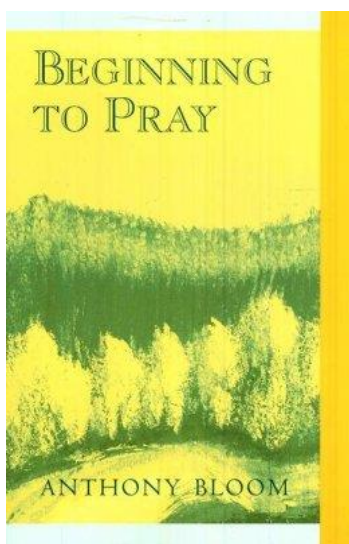
Women Together begins a 7-week series on February 16th with *The Meaning of Mary Magdalene*; Discovering the Woman at the Heart of Christianity. The author is Episcopal priest, retreat leader and lecturer Cynthia Bourgeault. The Rev. Dr. Katharine Jefferts Schiori describes the book as "a remarkable invitation into the origins and wisdom of Christianity, through the apostolic witness of Mary Magdalene". Women from Trinity, St. Monica's, and St. John's currently participate in WT, and all are welcome to join, whether for this series alone, or longer. Meetings are weekly via Zoom on Tuesdays, from 2:00-3:15 pm. For more information, and to receive a link, please contact Heather Kramer (kramerheather1989@yahoo.com) or Enid Oberholtzer (tomenidjas@aol.com).

Trinity Book Group

"A Perfect Life: A Novel" by Eileen Pollack is the featured work for Trinity book group's meeting on Friday, February 26th. Its main character is a scientist researching a serious genetic disorder affecting herself and her family. The story explores her brilliance and bravery as she confronts her deepest fears and desires, and then comes to accept the inevitable and the unexpected. All are welcome to join in the discussion, which will take place via Zoom from 7:00 – 8:00 pm on Feb. 26th. Contact Mark MacGougan at macgougans@gmail.com to receive a link.



Life in the Spirit – Monday Night Book Group



We'd like to invite you to join us in reading and discussing our next book, "Beginning to Pray," by Metropolitan Anthony Bloom. This straightforward and provocative book is considered one of the spiritual classics of the 20th century. Anthony Bloom, originally from Russia, was a medical doctor in France, and Orthodox monk, priest, and bishop who served the Orthodox community in London, UK.

We meet Mondays from 7:30 to 8:30 pm via Zoom, beginning again with our new book on Monday, Feb 1, 2021.

For more information, contact Drew Smith at ktadsmith@comcast.net or 860-331-9021.

Weekly Calendar

Sunday, February 7th **Fifth Sunday after Epiphany**

8:00 A.M. Call-in Morning Prayer – Phone call

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube);

Zoom Coffee/Adult Christian Formation – “The Spirit in Spirituals”

Monday, February 8th

Trinity Academy – remote learning

7:30 P.M. Life in the Spirit – Book Club – Zoom

Tuesday, February 9th

Trinity Academy – remote learning

2:00 P.M. Women Together (w/ St. John’s and St. Monica’s) via Zoom

5:15 P.M. Bible Study via Zoom

6:00 P.M. Choir School rehearsal – Church

Wednesday, February 10th

Trinity Academy – Closed

Thursday, February 11th

Trinity Academy – remote learning

12:00 P.M. Noonday Prayer – Zoom

5:00 P.M. Executive Committee Meeting – via Zoom

6:00 P.M. Choir School rehearsal – Church

Friday, February 12th

Trinity Academy – remote learning

Saturday, February 13th

10:00 A.M. Sanctuary Stitchers

Sunday, February 14th **The Last Sunday after Epiphany**

8:00 A.M. Call-In Morning Prayer

10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube)

Zoom Coffee and Adult Christian Formation



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