

# TRINITY EPISCOPAL CHURCH

THE FIRST SUNDAY OF ADVENT

NOVEMBER 29, 2020

HOLY EUCHARIST RITE II (SPIRITUAL COMMUNION)

## A PLACE OF WELCOME, HOPE & HEALING



with LOVE AND COMPASSION,  
COME, LORD JESUS.

120 Sigourney Street, Hartford, Connecticut 06105-2796  
860.527.8133 [www.trinityhartford.org](http://www.trinityhartford.org)

THE LITURGY OF THE WORD  
THE HOLY EUCHARIST: RITE II (SPIRITUAL COMMUNION)  
10:00 A.M. WITH MUSIC – ZOOM VIDEO AND AUDIO

PRELUDE Variations on Von Himmel Hoch (From Heaven Above to Earth I Come) David Schack (b. 1947)

WELCOME – THE REV. D LITTLEPAGE

GATHERING HYMN #80 From Heaven Above to Earth I Come

*Vom Himmel hoch*

1 From heaven a - bove to earth I come to bring good  
2 to you this night is born a child of Ma - ry,  
3 This is the Christ, God's Son most high, who hears your  
4 The bless - ing which the Fa - ther planned the Son holds

news to ev - ery - one! Glad tid - ings of great  
chos - en vir - gin mild; this new - born child of  
sad and bit - ter cry; he will him - self your  
in his in - fant hand, that in his king - dom

joy I bring to all the world, and glad - ly sing:  
low - ly birth shall be the joy of all the earth.  
Sa - vior be and from all sin will set you free.  
bright and fair, you may with us his glo - ry share.

Words: Martin Luther (1483-1546); tr. *Luthern Book of Worship*, 1978 Copyright ©1978, Augsburg Publishing House. All rights reserved. Used with permission.  
Music: *Vom Himmel hoch*, melody from *Geistliche lieder auff's new gebessert und gemehrt*, 1539; harm. Hans Leo Hassler (1564-1612)

LIGHTING OF THE ADVENT WREATH

THE OPENING ACCLAMATION

BCP 355

*Presider* Blessed be God, Father, Son and Holy Spirit.  
*People* And blessed be God's kingdom, now and forever.  
Amen.

COLLECT FOR PURITY

*All* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE O Come O Come Emmanuel (*v1 in Latin*)

O come, O come, Immanuel,  
and ransom captive Israel  
that mourns in lonely exile here  
until the Son of God appear.  
Rejoice! Rejoice! Immanuel  
shall come to you, O Israel.

O come, thou Wisdom from on high,  
who orderest all things mightily;  
to us the path of knowledge show  
and teach us in her ways to go.  
Rejoice! Rejoice! Immanuel  
shall come to you, O Israel.

Bell ringing accompaniment by the Choir School of Hartford  
Soloist – Todd Gardner

COLLECT OF THE DAY

*Presider* The Lord be with you.  
*People* And also with you.

*Presider* Let us pray.  
Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.  
*People* Amen.

FIRST READING ISAIAH 64:1-9

O that you would tear open the heavens and come down,  
so that the mountains would quake at your presence--  
as when fire kindles brushwood  
and the fire causes water to boil--  
to make your name known to your adversaries,  
so that the nations might tremble at your presence!  
When you did awesome deeds that we did not expect,  
you came down, the mountains quaked at your presence.  
From ages past no one has heard,  
no ear has perceived,

no eye has seen any God besides you,  
 who works for those who wait for him.  
 You meet those who gladly do right,  
 those who remember you in your ways.  
 But you were angry, and we sinned;  
 because you hid yourself we transgressed.  
 We have all become like one who is unclean,  
 and all our righteous deeds are like a filthy cloth.  
 We all fade like a leaf,  
 and our iniquities, like the wind, take us away.  
 There is no one who calls on your name,  
 or attempts to take hold of you;  
 for you have hidden your face from us,  
 and have delivered us into the hand of our iniquity.  
 Yet, O LORD, you are our Father;  
 we are the clay, and you are our potter;  
 we are all the work of your hand.  
 Do not be exceedingly angry, O LORD,  
 and do not remember iniquity forever.  
 Now consider, we are all your people.

*Reader*      Hear what the Spirit is saying to God's people.  
*People*        Thanks be to God.

PSALM 80:1-7,16-18  
*Please read responsively*

- 1 Hear, O Shepherd of Israel, leading Joseph like a flock; \*  
shine forth, you that are enthroned upon the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Manasseh, \*  
stir up your strength and come to help us.
- 3 Restore us, O God of hosts; \*  
show the light of your countenance, and we shall be saved.
- 4 O Lord God of hosts, \*  
how long will you be angered  
despite the prayers of your people?
- 5 You have fed them with the bread of tears; \*  
you have given them bowls of tears to drink.
- 6 You have made us the derision of our neighbors, \*  
and our enemies laugh us to scorn.
- 7 Restore us, O God of hosts; \*  
show the light of your countenance, and we shall be saved.
- 16 Let your hand be upon the man of your right hand, \*  
the son of man you have made so strong for yourself.
- 17 And so will we never turn away from you; \*  
give us life, that we may call upon your Name.
- 18 Restore us, O Lord God of hosts; \*  
show the light of your countenance, and we shall be saved.

Grace to you and peace from God our Father and the Lord Jesus Christ.  
I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

*Reader* Hear what the Spirit is saying to God's people.  
*People* Thanks be to God.

SEQUENCE HYMN #66 Come Thou Long Expected Jesus

*Stuttgart*

1 Come, thou long - ex - pect-ed Je - sus, born to set thy peo - ple free;  
2 Is - rael's strength and con - so - la - tion, hope of all the earth thou art:  
3 Born thy peo - ple to de - liv - er, born a child, and yet a king,  
4 By thine own e - ter - nal Spi - rit rule in all our hearts a - lone;

from our fears and sins re - lease us, let us find our rest in thee.  
dear de - sire of ev - ery na - tion, joy of ev - ery long - ing heart.  
born to reign in us for ev - er, now thy gra - cious king - dom bring.  
by thine all - suf - fi - cient mer - it raise us to thy glo - rious throne.

Words: Charles Wesley (1707-1788) Music: *Stuttgart*, melody from *Psalmodia Sacra, oder Andächtige und Schöne Gesänge*, 1715; adapt. and harm. William Henry Havergal (1793-1870), alt.

GOSPEL Mark 13:24-37

*Presider* The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People* Glory to you, Lord Christ.

Jesus said, "In those days, after that suffering,  
the sun will be darkened,  
and the moon will not give its light,  
and the stars will be falling from heaven,  
and the powers in the heavens will be shaken.

Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

"From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away.

"But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake."

*Presider* The Gospel of the Lord.  
*People* Praise to you, Lord Christ.

THE SERMON

The Rev. D. Littlepage

*Silence for reflection.*

THE NICENE CREED

BCP 358

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit

he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### PRAYERS OF THE PEOPLE

*The Leader and People pray responsively*

As we keep awake for the coming of the Lord, let us offer prayers to God who prepares a light for our path.

For the coming of Jesus Christ in power and glory.  
Lord, hear us.  
*Lord, graciously hear us.*

For the coming of Wisdom to teach and guide us.  
Lord, hear us.  
*Lord, graciously hear us.*

For the coming of Emmanuel, the hope of all the peoples.  
Lord, hear us.  
*Lord, graciously hear us.*

For the peace of the world, and for our unity in Christ. Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord.  
Lord, hear us.  
*Lord, graciously hear us.*

For Ian and Laura our bishops and all bishops, for the presbyters, for the deacons and all who minister in Christ, and for all the holy people of God.

Lord, hear us.

*Lord, graciously hear us.*

For the church throughout the world and the faithful in every place.

Lord, hear us.

*Lord, graciously hear us.*

For the leaders of the nations and all in authority.

Lord, hear us.

*Lord, graciously hear us.*

For justice, peace, and freedom among peoples of the earth.

Lord, hear us.

*Lord, graciously hear us.*

For the will and the courage to dismantle White supremacy and combat anti-Black bias in ourselves, in our Church, and in our community.

Lord, hear us.

*Lord, graciously hear us.*

For the sick and the suffering, especially those suffering and recovering from COVID-19, for the hungry and the oppressed, and for those in prison.

Lord, hear us.

*Lord, graciously hear us.*

For those who rest in Christ and for all the departed especially Howard K. Chase and Louise H. Chase in whose memory the Aumbry candle is lit and those whom we now name: \_\_\_\_\_.

Lord, hear us.

*Lord, graciously hear us.*

For our deliverance from all affliction, strife, and need.

Lord, hear us.

*Lord, graciously hear us.*

Joining our voices with all the saints and angels of God, let us offer ourselves and one another to the living God through Christ.

*To you, O Lord our God.*

*The people may add their prayers either silently or aloud.*

*Celebrant*

O Rising Sun, brightness of light eternal, sun of justice, come and shine on those --who sit in darkness and the shadow of death. Glory to you forever. *Amen.*



## CONFESSION AND ABSOLUTION

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent

For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*Presider* Almighty God have mercy on you, forgive you all your sins  
through our Lord Jesus Christ, strengthen you in all  
goodness, and by the power of the Holy Spirit keep you  
in eternal life. **Amen.**

## THE PEACE

*Presider* The peace of the Lord be always with you.  
*People* **And also with you.**

## PRAYER FOR PLEDGE INGATHERING

OFFERTORY MUSIC My Lord, What a Morning

Spiritual, arr. by M. Horsley

George Chien, Soloist

## INTRODUCTION TO SPIRITUAL COMMUNION

*Officiant* The Lord be with you.

*People* And also with you.

*Officiant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Officiant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Officiant* It is right, and a good and joyful thing, always and everywhere  
to give thanks to you, Father Almighty, Creator of heaven and earth.  
Because you sent your beloved Son to redeem us from sin  
And death, and to make us heirs in him of everlasting life; that  
when he shall come again in power and great triumph to judge  
the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and  
Archangels and with all the company of heaven, who for ever  
sing this hymn to proclaim the glory of your Name:

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Holy and gracious Father:  
In your infinite love you made us for yourself,  
and, when we had fallen into sin  
and become subject to evil and death,  
you, in your mercy, sent Jesus Christ,  
your only and eternal Son,  
to share our human nature,  
to live and die as one of us,  
to reconcile us to you,  
the God and Father of all.

He stretched out his arms upon the cross,  
and offered himself, in obedience to your will,  
a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death,  
Our Lord Jesus Christ took bread;  
and when he had given thanks to you,  
he broke it, and gave it to his disciples, and said,  
"Take, eat: This is my Body, which is given for you.  
Do this for the remembrance of me."

After supper he took the cup of wine;  
and when he had given thanks, he gave it to them, and said,  
"Drink this, all of you:  
This is my Blood of the new Covenant,  
which is shed for you and for many for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Presider and People*  
*Christ has died.*  
*Christ is risen.*  
*Christ will come again.*

We celebrate the memorial of our redemption, O Father,  
In this sacrifice of praise and thanksgiving.  
Recalling his death,  
resurrection, and ascension,  
we offer you these gifts.

Sanctify them by your Holy Spirit  
to be for your people the Body and Blood of your Son,  
the holy food and drink of new and unending life in him.  
Sanctify us also  
that we may faithfully receive this holy Sacrament,  
and serve you in unity, constancy, and peace;  
and at the last day bring us with all your saints  
into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ:  
By him, and with him, and in him,  
in the unity of the Holy Spirit  
all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

*Presider* As our Savior Christ has taught us, we now pray,

Our Father in heaven,  
 hallowed be your Name,  
 your kingdom come,  
 your will be done,  
 on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins  
 as we forgive those  
 who sin against us.  
 Save us from the time of trial,  
 and deliver us from evil.  
 For the kingdom, the power,  
 and the glory are yours,  
 now and for ever. Amen.

*The Presider breaks the consecrated Bread. A period of silence is kept.*

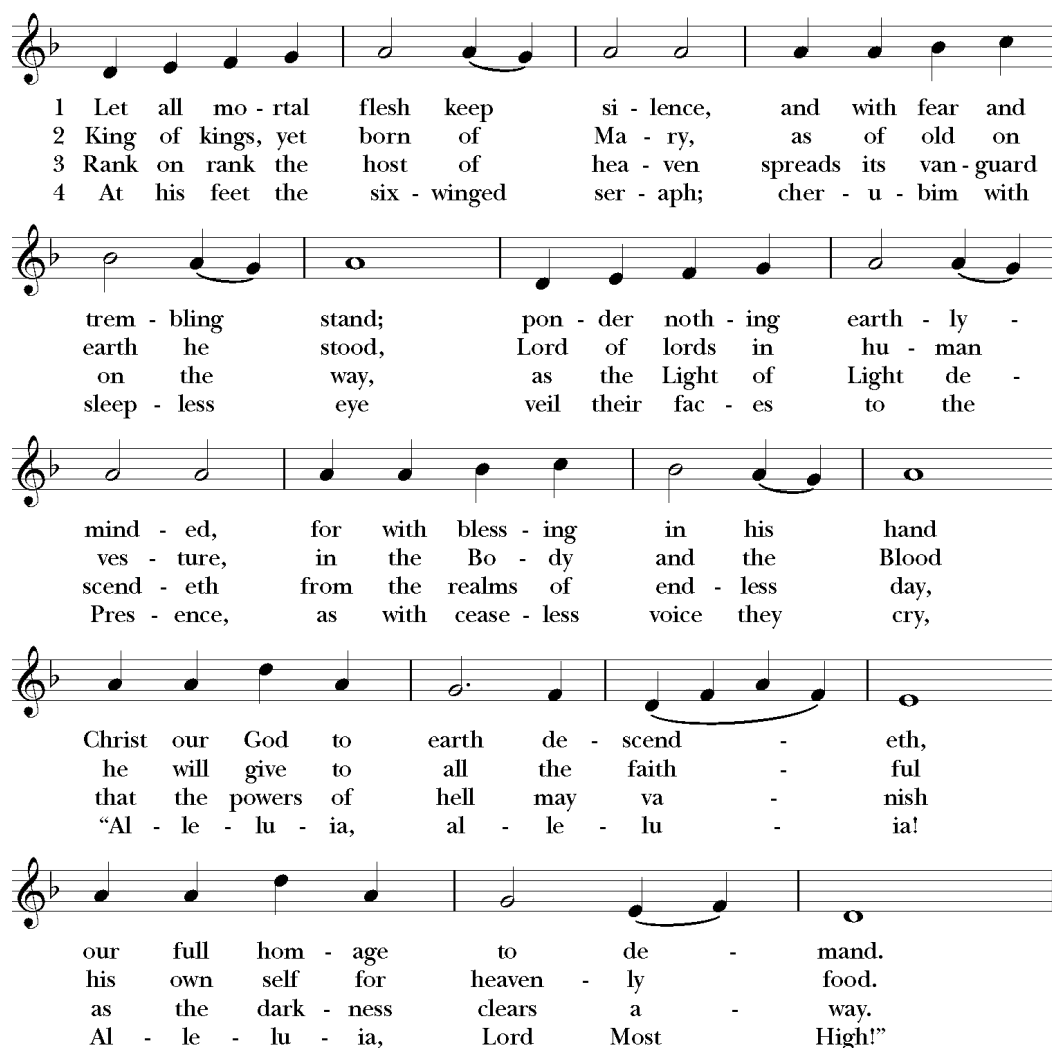
*Presider* Alleluia! Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast. Alleluia!

PRAYER FOR SPIRITUAL COMMUNION

My Jesus,

I believe that You are truly present in the Most Holy Sacrament.  
 I love You above all things, and I desire to receive You deeply into my soul.  
 Even though I cannot at this moment physically receive Communion,  
 I pray you deepen my experience of you in my heart  
 and connect me with your presence all around me.  
 I embrace You and seek to unite myself wholly to You and to  
 Your Holy Body, the Church, with whom I cannot physically gather.  
 Let me serve you in this life until, by your grace,  
 I come to your glorious kingdom and unending peace. Amen.



1 Let all mortal flesh keep silence, and with fear and  
 2 King of kings, yet born of Ma-ry, as of old on  
 3 Rank on rank the host of hea-ven spreads its van-guard  
 4 At his feet the six-winged ser-aph; cher-u-bim with  
 trem-bling stand; pon-der noth-ing earth-ly -  
 earth he stood, Lord of lords in hu-man  
 on the way, as the Light of Light de-  
 sleep-less eye veil their fac-es to the  
 mind-ed, for with bless-ing in his hand  
 ves-ture, in the Bo-dy and the Blood  
 scend-eth from the realms of end-less day,  
 Pres-ence, as with cease-less voice they cry,  
 Christ our God to earth de-scend-eth,  
 he will give to all the faith-ful  
 that the powers of hell may va-nish  
 "Al-le-lu-ia, al-le-lu-ia!  
 our full hom-age to de-mand.  
 his own self for heaven-ly food.  
 as the dark-ness clears a-way.  
 Al-le-lu-ia, Lord Most High!"

Words: Liturgy of St. James; para. Gerard Moultrie (1829-1885) Music: *Picardy*, French carol, 17th cent.; melody from *Chansons populaires des Provinces de France*, 1860; harm. after *The English Hymnal*, 1906

## POSTCOMMUNION PRAYER

Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 through your Word and presence.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.

## ANNOUNCEMENTS

## THE BLESSING

## THE DISMISSAL

*Presider* Let us go forth rejoicing in the power of the Spirit. Alleluia! Alleluia!  
*People* Thanks be to God. Alleluia! Alleluia!

POSTLUDE: *Wachet auf*

Emma Lou Diemer (b. 1927)

## LET US PRAY

In our Parish Cycle of Prayer we pray for Mary Dixon; Valerie Dixon; Janet Donston and Church School participants and leaders.

In our Diocesan Cycle of Prayer we pray for Christ Church, Ansonia; St. Paul's, Bantam, Christ Church, Bethany; Postulants and candidates for Holy Orders; the Commission on Ministry and its members.

In the Anglican Cycle of Prayer we pray for the Lusitanian Church (Extra-Provincial to the Archbishop of Canterbury) The Rt Revd Jorge Pina Cabral - Bishop of the Lusitanian Church.

We pray for Ray McFarland, Peter Hall, Alexandra Adams, Juhudi Mgombo, Nancy Crandall, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtanga; Alice Turcotte; Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Joseph Negrelli Jr. and his family, Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died, especially Howard K. Chase and Louise H. Chase, that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

## + ASSISTING AT WORSHIP +

The Rev. D Littlepage – Presider and Preacher

### Readers

Kevin Rennie  
Cecilia Timothy

### Intercessor

Martha Freimuth

### Director of Music

Michelle Horsley

### Virtual Vergers

Casey Rousseau  
Jake Troiano

The words of the service are taken from *The Book of Common Prayer*.

Scripture quotations are from the *New Revised Standard Version of the Bible* © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

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Cover Art: We are grateful to The Rev. George Chien for creating the artwork.

The Aumbry Candle is lit this week to the glory of God and in loving memory of  
Howard K. Chase and Louise H. Chase by their family.



### (Re)connect

You should have received your pledge packet in the mail by now. If you have not, please notify the church office by email [office@trinityhartford.org](mailto:office@trinityhartford.org) or phone (860) 527-8133 and we'll send one out.

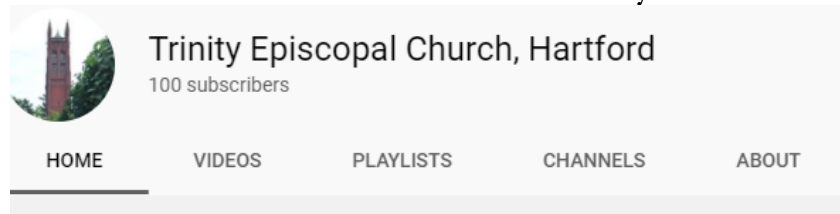
The Stewardship Committee hopes that you will complete both of the tasks in the pledge packet this year. We need your financial pledge for planning and budgeting, as always. But

we think that staying connected with each other during this time of physical separation is also essential. Although our individual spiritual lives are important, we are who we are as a community of believers. Please take a minute to write a note to another member of Trinity and pop it in the mail. It doesn't matter whether you've ever met the person you're writing to or not, because through our membership in the Body of Christ, we are already related!

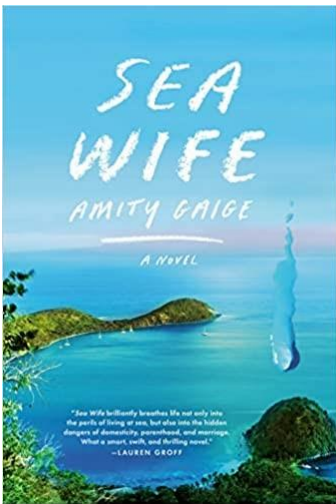
### Email Fraud Alert

There have been several people who have received emails claiming to be from Rev. D. that often involve gift cards or some other money and asks you not to call. If you receive a strange email claiming to be from Rev. D, please check the "from" email address. If it's not from Trinity Hartford dot o r g it is not from her. If you are in doubt, please give her a call (her office and cell phone numbers are always included in her email signature). Please remember: REV.D WILL NEVER EMAIL YOU ASKING YOU FOR GIFTS CARDS OR WIRE TRANSFERS, OR SECRECY AROUND MONEY.

From the Rector: Share the Trinity Love!!



If you have joined the 10am zoom worship since November 8<sup>th</sup>, you have gotten a glimpse of the amazing things that can be done with technology. Thanks to Michelle's experience, skill, and passion, we have enjoyed videos of Choristers and members of the Adult Choir continuing to provide beautiful music for Worship. These videos are being posted on Facebook and YouTube after the service. You don't want to miss one of these videos, so please subscribe to the [Trinity Church YouTube Channel](#) to be notified when a new video is posted. Also, if you use Facebook, share the gift of Trinity's music far and wide by sharing the videos on your page!



### Trinity's Book Group

Open to all - is now meeting via Zoom! The next meeting, on December 4<sup>th</sup> at 7:00 pm, will feature the new novel *Sea Wife* by Trinity parishioner Amity Gaige. This book weaves the story of a family's suspenseful adventure of living at sea with the joys and struggles of marriage and parenthood. It's received glowing reviews and is available through bookstores and Amazon. Folks are welcome to attend Book Group regularly or on a one-time basis.

If you'd like to receive a link to the Zoom meeting on December 4<sup>th</sup>, please contact Linda MacGougan ([macgougans@gmail.com](mailto:macgougans@gmail.com)).

### Save the Date!

**Adult Christian Formation – Sunday, December 6 “The Mandala”**  
**Presented by Ellison (Elli) Findly**

Spiritual practices that originated in other religious traditions can have value for Christians. One practice that might be a good fit for Advent during a pandemic is the making and contemplation of a design called a mandala. Elli Findly is a retired professor of religion from Trinity College, where she was a colleague of Frank Kirkpatrick. Here is her summary of the session:

The mandala, or “circle,” is a visual field of power that can heal and transform. Known in many traditions, we will explore the types of mandala in Buddhism, and the way their images are built on symbolic structures of circles and squares, and their meanings based on “palaces” of mind, body, and cosmos. The mandala is a powerful means of spiritual change, and its practice is a unique form of meditation that transmutes the five emotions and brings about calm and wisdom. A slide talk with discussion.



## Changes to the Holy Land Giving Tree

The holidays are fast approaching, and although things will be different this year, we still need to celebrate and to think of those in need. Our Holy Land Giving Tree is usually full of picture ornaments of children from the Ahli Hospital in Gaza and we have offered olive wood ornaments as well. However, that's just not possible this year. In the past, The Outreach team has been able to match what we as a parish have given to the hospital. This year, the Outreach Team will give a \$1,000 donation to the same cause and parishioners may give either directly to AFEDJ (American Friends of the Episcopal Diocese of Jerusalem) on-line or send a donation to Trinity by check with AFEDJ in the memo.



To donate on-line go to [www.afedj.org](http://www.afedj.org) . Click on “Give” at the top. Then choose “Give on-line”, choose your amount, choose Ahli Hospital as your hospital recipient, and click the box for Christmas gift.

AFEDJ is the organization that oversees our gifts and makes sure they go directly to our hospital or school of choice. Donations made online can be made in honor of someone and AFEDJ will send a card either directly to your recipient or they will send the card to you so you may give it in person. Gifts to the hospital through Trinity will all be sent in together at the end of December.

AFEDJ is also sponsoring an On-line Advent Calendar, with photos and videos, on this same website, so visit it on December 1st!

Thank you for your assistance.  
Kate Smith for the Outreach Team

## The Giving Tree



Trinity's tradition of The Giving Tree continues this year, without the tree and its gift-request tags, but WITH the giving! The giving will take the form of \$25 gift cards for nineteen 1st - 4th graders at Trinity Academy. (Asylum Hill Congregational Church is providing gift cards for the other 19 students.) If we collect more than 19 cards, they'll also be given to the school, to be distributed to school families according to their needs.

**Gift cards should be purchased from Amazon, Target and WalMart; this can be done online with all three, or at the store for the latter two. Then mail the card to Linda MacGougan at 5 Squirrel Hill Lane, West Hartford, CT 06107 by December 10th, so that she can bring them to the school early in the following week.**

In some families, this gift card might provide the money for the only present a child receives, so please contribute if you can to make a child's holiday brighter.

## Welcome to Trinity's New Refugee Family!!

Trinity Church has received a request from Integrated Refugee and Immigrant Services (IRIS, "our" refugee agency in New Haven), to actively assist a Congolese refugee family who was settled in Hartford about four years ago by another agency that now is inactive. Anne Rapkin and Drew Smith have met with the family and are eager for the Trinity Community to be an active part of supporting this family.

The family is comprised of three generations. The head of the family is a mother (and grandmother) whose husband died in the Tanzanian refugee camp there they had lived for twenty years after fleeing the Congo; the father died one week before the family came to the United States. In addition to her, there are her six children ranging in age from middle school through adulthood as well as the wife and child of the oldest of her children. The mother and three of the adult members of the family are employed, and another child has begun studies at a community college, intent on becoming a nurse. They are members of the Bahai faith, and are actively supported by the Bahai community based in East Hartford.

The immediate needs of the family include English language instruction, especially for the older adults, medical and dental care for all members of the family, and help for pursuing educational vocational goals, including mentoring. As was the case with our prior refugee families, IRIS (Integrated Refugee and Immigration Services) will be supporting us. Even as we look for additional partnerships for this new co-sponsorship with IRIS, we have begun to search for and link the family members with appropriate resources.

Are you interested in helping out in some way? Much of what needs to be done does not involve in-person contact, so can be done consistently with Covid 19 safety protocols.

Please consider participating in a meeting to explore working with this exceptional family. For more information please contact Anne Rapkin, [a.rapkin@snet.net](mailto:a.rapkin@snet.net) or 860-521-5992.

## **Weekly Calendar**

### **Sunday, November 29th    The First Sunday of Advent**

8:00 A.M. Call-in Morning Prayer – Zoom call

10:00 A.M. – Holy Eucharist Rite II (with Spiritual Communion) – Zoom

### **Monday, November 30<sup>th</sup>**

8:15 A.M. Trinity Academy - Virtual Learning

5:00 P.M. ACF Committee Meeting - Zoom

### **Tuesday, December 1<sup>st</sup>**

8:15 A.M. Trinity Academy – Virtual Learning

5:15 P.M. Bible Study – via Zoom

6:00 P.M. Choir School Rehearsal - Church

### **Wednesday, December 2<sup>nd</sup>**

Trinity Academy – Virtual Learning

### **Thursday, December 3<sup>rd</sup>**

8:15 A.M. Trinity Academy – Virtual Learning

12:00 P.M. Noonday Prayer

### **Friday, December 4<sup>th</sup> - Office Closed**

8:15 A.M. Trinity Academy – Virtual Learning

7:00 P.M. Trinity Book Club - Zoom

### **Saturday, December 5<sup>th</sup>**

10:00 A.M. Sanctuary Stitchers – Via Zoom

### **Sunday, December 6<sup>th</sup>    The Second Sunday of Advent**

8:00 A.M. Call-In Morning Prayer – Zoom

10:00 A.M. – Holy Eucharist Rite II (with Spiritual Communion) – Zoom

After the service: Adult Christian Formation – The Mandala

### Staff

The Rev. D. Littlepage, *Rector*  
Michelle Horsley, *Director of Music Ministries*  
Fran Times-Mack, *Parish Financial Manager*  
Vincent J. Pacileo, *Property Manager*  
Barbara Roos, *Assistant to the Rector*  
Patrick Reid, *Capital Campaign Administrator*  
The Rev. George A. Chien, (UMC, MCC), *Associate for Digital Ministries*

Clement Mogor and Kate Rousseau,  
*Church School Coordinators\**  
Katherine Wilson, *Newsletter Editor (The Voice)\**  
Liz Kirkpatrick, *Archivist\**

### Assisting Clergy

The Rev. Dr. Frank G. Kirkpatrick\*  
The Rt. Rev. Andrew D. Smith\*  
The Rev. C. Jon Widing\*  
The Rev. William J. Eakins, *\*Rector Emeritus*

### Ministry Quadrant Leaders\*

Peter Green, *Worship*  
Lily Miller, *Outreach*  
Clement Mogor, *Christian Formation*  
Anne Rapkin, *Parish Care*

### Vestry\*

Martha Freimuth, P. Thomas Oberholtzer, *Wardens*  
Kathleen Peterson, *Clerk*  
Casey Rousseau, *Treasurer*,  
Jake Troiano, *Assistant Treasurer*  
Walton Brown-Foster, William Kofalk  
Stephen Sirotko, Kevin Rennie,  
Leslyn Clark, Kate Steven  
Catharine Rowe, Althea Francis  
Marsha McCurdy, Heather Kramer

### The Episcopal Church in Connecticut

The Rt. Rev. Ian T. Douglas, Ph. D., *Bishop*  
The Rt. Rev. Dr. Laura J. Ahrens, *Bishop Suffragan*

*\*Indicates non-stipended ministries*



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