

TRINITY EPISCOPAL CHURCH

MARCH 14, 2021

THE FOURTH SUNDAY IN LENT

10:00 A.M.

A PLACE OF WELCOME, HOPE & HEALING



This is the sign of the covenant that I make between me and you and every living creature

120 Sigourney Street, Hartford, Connecticut 06105-2796
860.527.8133 www.trinityhartford.org

PENITENTIAL ORDER RITE TWO

PRELUDE

What Wondrous Love Is This Folksong, arr. Lloyd Larson (b. 1954)
 in collaboration with bell ringers of Emanuel Lutheran Church

WELCOME

The Rev. D. Littlepage

GATHERING HYMN

Come Thou Fount of Every Blessing

1982 Hymnal #686

Presider Bless the Lord who forgives all our sins.

BCP 351

People *God's mercy endures for ever.*

Sh'ma Yis - ra - el, A - do - nai El - o - hei - nu, A - do - nai e - chod.

**Hear O Israel: The Lord our God, the Lord is One (From Wonder Love and Praise #818)*

Presider Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

Sh'ma Yis - ra - el, A - do - nai El - o - hei - nu, A - do - nai e - chod.

Presider The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Sh'ma Yis - ra - el, A - do - nai El - o - hei - nu, A - do - nai e - chod.

Presider Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

TRISAGION

1982 Hymnal #S99

Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.
Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.
Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People Amen.

THE FIRST READING

Numbers 21:4-9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us." So Moses prayed for the people. And the LORD said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

1 Give thanks to the LORD for he is good, and his mercy endures for ever.

2 Let all those whom the LORD has redeemed proclaim that he redeemed them from the hand of the foe.

15 3 He gathered them out of the lands; from the east and from the west from the north and from the south.

22 S. Wesley
17 Some were fools and took to rebellious ways; they were afflicted because of their sins.

29 18 They abhorred all manner of food and drew near to death's door.

36 T. A. Walmisley
19 Then they cried to the LORD in their trouble, and he delivered them from their distress.

43 20 He sent forth his word and healed them and saved them from the grave.

21 Let them give thanks to the LORD for his mercy and the wonders he does for his children.

22 Let them offer a sacrifice of thanks - giving and tell of his acts with shouts of joy.

64 Glory be to the Father and to the Son, and to the Ho - ly Ghost

71 As it was in the beginning is now and ever shall be World without end, A - men

THE SECOND READING

Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

SEQUENCE HYMN

My Faith Looks Up to Thee

LEVAS II #88

Presider The Holy Gospel of Our Lord Jesus Christ according to John.
People *Glory to you, Lord Christ.*

Jesus said, “Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.”

Presider The Gospel of the Lord.
People *Praise to you, Lord Christ.*

THE SERMON

The Rev. D. Littlepage

Silence for reflection.

THE NICENE CREED

BCP 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE FORM I

BCP 383

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying
“Lord, have mercy.”

Intercessor For the peace from above, for the loving-kindness of God, and for the salvation of our
souls, let us pray to the Lord.

People Lord, have mercy.

Intercessor For the peace of the world, for the welfare of the Holy Church of God, and for the unity
of all peoples, let us pray to the Lord.

People Lord, have mercy.

Intercessor For our Bishops, and for all the clergy and people, let us pray to the Lord.

People Lord, have mercy.

Intercessor For our President, for the leaders of the nations, and for all in authority,
let us pray to the Lord.

People Lord, have mercy.

Intercessor For this city for every city and community, and for those who live in them,
let us pray to the Lord.

People Lord, have mercy.

Intercessor For the good earth which God has given us, and for the wisdom and will to conserve it,
let us pray to the Lord.

People Lord, have mercy.

Intercessor For the aged and infirm, for the widowed and orphans, and for the sick and the suffering,
let us pray to the Lord.

People Lord, have mercy.

Intercessor For the poor and the oppressed, for the unemployed and the destitute, for prisoners and
captives, and for all who remember and care for them, let us pray to the Lord.

People Lord, have mercy.

Intercessor For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

People Lord, have mercy.

Intercessor For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

People Lord, have mercy.

Intercessor That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

People Lord, have mercy.

Intercessor In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

People To thee, O Lord our God.

Silence

The Celebrant adds a concluding Collect.

Everliving God, in every generation you cause fresh winds to renew, refresh, and refine your people and in your Word summon us to live courageously as Easter people in an often Good Friday world. Defend us in our own day to make no peace with oppression; that boldly following the example of your servant Barbara Clementine Harris, chosen bishop in your church, we may strive not for ease or fame but gladly toil and walk with you all along our pilgrim journey; through Jesus Christ our Savior. (Drafted for the consecration of The Rt. Rev. Deon Johnson, Diocese of Missouri; used with permission of the bishop.)

People Amen.

THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

THE OFFERTORY SENTENCE

OFFERTORY MUSIC Poor Wayfaring Stranger Spiritual, arr. Mark Hayes (b. 1953)

The Great Thanksgiving: Eucharistic Prayer A

BCP 361

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

LEVASII #255

Ho - ly, ho - ly, ho - ly, ho - ly

ho - ly Lord God of hosts.

Heav-en and earth are filled with your glo -

ry. Ho - san - na in the high - est.

Bless-ed is He who comes in the name

of the Lord, of the Lord.

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line and a piano accompaniment. The key signature has one flat (B-flat), and the time signature is 4/4. The lyrics are: "Ho - san - na in the high - est, ho - san - na in the high - est". The vocal line is written in a soprano or alto clef, and the piano accompaniment is in a bass clef. The music features a mix of chords and moving lines, with some notes tied across measures.

Presider

Holy and gracious God:

In your infinite love you made us for yourself,
and, when we had fallen into sin and become subject to evil and death,
you, in your mercy, sent Jesus Christ, your only and eternal Son,
to share our human nature, to live and die as one of us,
to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross,
and offered himself, in obedience to your will,
a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death,
Our Lord Jesus Christ took bread;
and when he had given thanks to you, he broke it, and gave it to his disciples, and said,
“Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me.”

After supper he took the cup of wine;
and when he had given thanks, he gave it to them, and said,
“Drink this, all of you:
This is my Blood of the new Covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

All

**Christ has died.
Christ is risen.
Christ will come again.**

Presider We celebrate the memorial of our redemption, O Father,
In this sacrifice of praise and thanksgiving.
Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit
to be for your people the Body and Blood of your Son,
the holy food and drink of new and unending life in him.
Sanctify us also that we may faithfully receive this holy Sacrament,
and serve you in unity, constancy, and peace;
and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ:
By him, and with him, and in him, in the unity of the Holy Spirit
all honor and glory is yours, Almighty Father, now and for ever.

People AMEN.

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we now pray,

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us this day our daily bread.

Forgive us our sins,
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

THE BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us.

People *Therefore let us keep the feast.*

Presider Lamb of God who takes away the sin of the world.

People *Have mercy on us.*

Presider Lamb of God who takes away the sin of the world.

People *Have mercy on us.*

Presider Lamb of God who takes away the sin of the world.

People *Grant us thy peace.*

PRAYER FOR SPIRITUAL COMMUNION

God of love and grace, of justice and peace,
we give you thanks that in the Sacrament of the altar
you assure us of your presence within us
and within the body of Christ, the faithful through all the generations.
Grant that we who have witnessed anew these holy mysteries,
though unable to receive the physical elements of the Sacrament,
may be moved by your indwelling Spirit ever more fully to embody your holy
and life-giving presence,
reshaping in your likeness the world around us,
until we are gathered at last into the fullness of your glorious and eternal presence;
through Christ our Risen Lord, Amen.

COMMUNION MUSIC I Want Jesus to Walk With Me Spiritual, arr. David Iliff

sung by members of Trinity Episcopal Church Adult Choir and The Choir School of Hartford
Vs. 1 and 3: Savannah Stowell, Chi-Chi Onoh, and Faith Wada
Soloist (vs. 2): Christian Mesias

POST COMMUNION PRAYER

Presider Let us pray.
All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 through your Word and Presence.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

SOLEMN PRAYER OVER THE PEOPLE

Presider Bow down before the Lord.
 Look down in mercy, Lord, on your people who bow before you; and grant that those
 whom you have nourished by your Word and Sacraments may bring forth fruit worthy of
 repentance; through Christ our Lord.
People *Amen.*

THE DISMISSAL

Presider Let us bless the Lord.
People *Thanks be to God.*

SENDING HYMN How Wondrous and Great Thy Works 1982 Hymnal #533

ANNOUNCEMENTS

POSTLUDE Toccata Alberto Ginastera (1916-1983)



LET US PRAY

In our Parish Cycle of Prayer we pray for Frank & Liz Kirkpatrick; Lisa Koester; William Kofalk and the Loaves and Fishes Ministry Team.

In our Diocesan Cycle of Prayer we pray for Grace & St. Peter's, Hamden; Christ Church Cathedral, Hartford; Good Shepherd, Hartford; and the Bishops, ECCT staff, and parish employees, and their families.

In the Anglican Cycle of Prayer we pray for Iglesia Anglicana de Chile.

We pray for Johanna, Kate Smith, Patrick, Sam Hines and Yoleanna Russo, Juli Porter, Juhudi Mgombo, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtenga; Alice Turcotte; Mary and Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died, that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

The words of the service are taken from *The Book of Common Prayer*.

Scripture quotations are from the *New Revised Standard Version of the Bible* © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

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Cover Art: We are grateful to The Rev. George Chien (UMC, MCC) for creating the artwork on the cover.

+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage– Presider and Preacher

Readers

Kimberly Okeke
Margaret Rousseau

Intercessors

Roy McAlpine and Emily Estes

Cantors/Soloists

Christian Mesias and Adalia Sterling

Director of Music

Michelle Horsley

Virtual Vergers

Casey Rousseau
Jake Troiano



Join us on Wednesdays (February 24 through March 24) from 7-8pm on Zoom Meeting ID: 820 8769 1272 for this year's Lenten series, *Bringing Prayer to Life*.

We will explore the treasures that the Book of Common Prayer has to offer beyond Sunday morning worship. We will also explore ways that the Book of Common Prayer can serve as a foundation to launch us into other types of prayer.



**Forum on the 2021 Trinity Church Budget
following the 10 AM service on Sunday, March 21**

On March 21, our treasurer Casey Rousseau, will present the highlights of the 2021 budget approved by vestry at its February meeting. Tune in to our Zoom forum and find out how Trinity's finances are in the time of COVID-19. Hear about our financial strengths and challenges.

Advocacy for Declaring Racism a Public Health Crisis

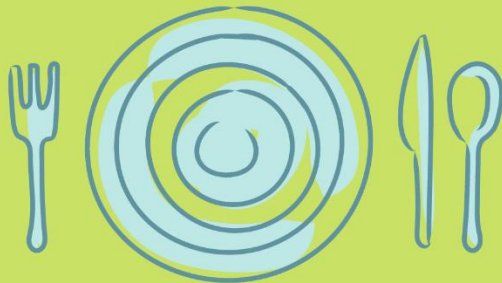
The Trinity Community for Racial Justice would like to continue to share resources on our current focus topic, disparities in healthcare” for the remainder of Lent.

This information in the graphic was published recently by the YWCA of Hartford, and if you use this link you can register to join their advocacy to create a community without racism.

<https://www.ywcahartford.org/advocacy/create-a-community-without-racism.html>



FOOD INSECURITY



Food insecurity is **2X** higher in communities of color than their white counterparts.

*Connecticut Health Foundation and DataHaven Health Equity Connecticut

Follow-up information from the 2/21 Open Forum on Racial Disparities in Health:

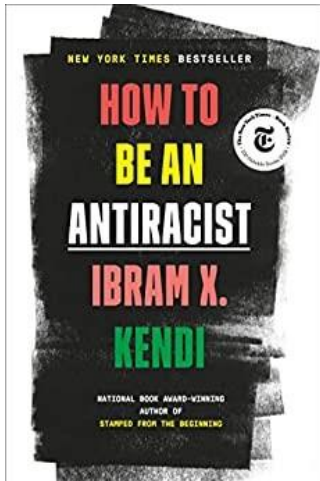
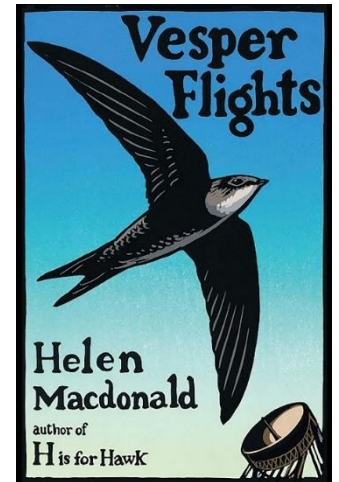
The Connecticut State Legislature will consider SB 842 during this legislative session. If enacted, this bill will expand access to health insurance in Connecticut by offering a “public option” health insurance plan. This would allow many people with limited income and no health insurance to purchase insurance they can afford. Let your state senator know if you support this bill.

Trinity Church Book Group

“Animals don’t exist in order to teach us things, but that is what they have always done, and most of what they teach us is what we think we know about ourselves.” So writes Helen Macdonald, author of *Vesper Flights*, the book to be discussed at the next meeting of Trinity's Book Group on Friday, March 26th.

The book contains short essays on topics ranging from the migration of songbirds to hunting mushrooms, in a style described as “breathtaking” and “dazzling”.

All are most welcome to join in this Zoom meeting, starting at 7:00 pm and lasting about an hour. For a link, please contact Linda MacGougan at macgougans@gmail.com.



Companions of the Holy Cross open meeting: April 19th 10:00 AM -12:00

The Companions of the Holy Cross invite the women of the parish to a book discussion of: How to be an Antiracist by Ibram X. Kendi.

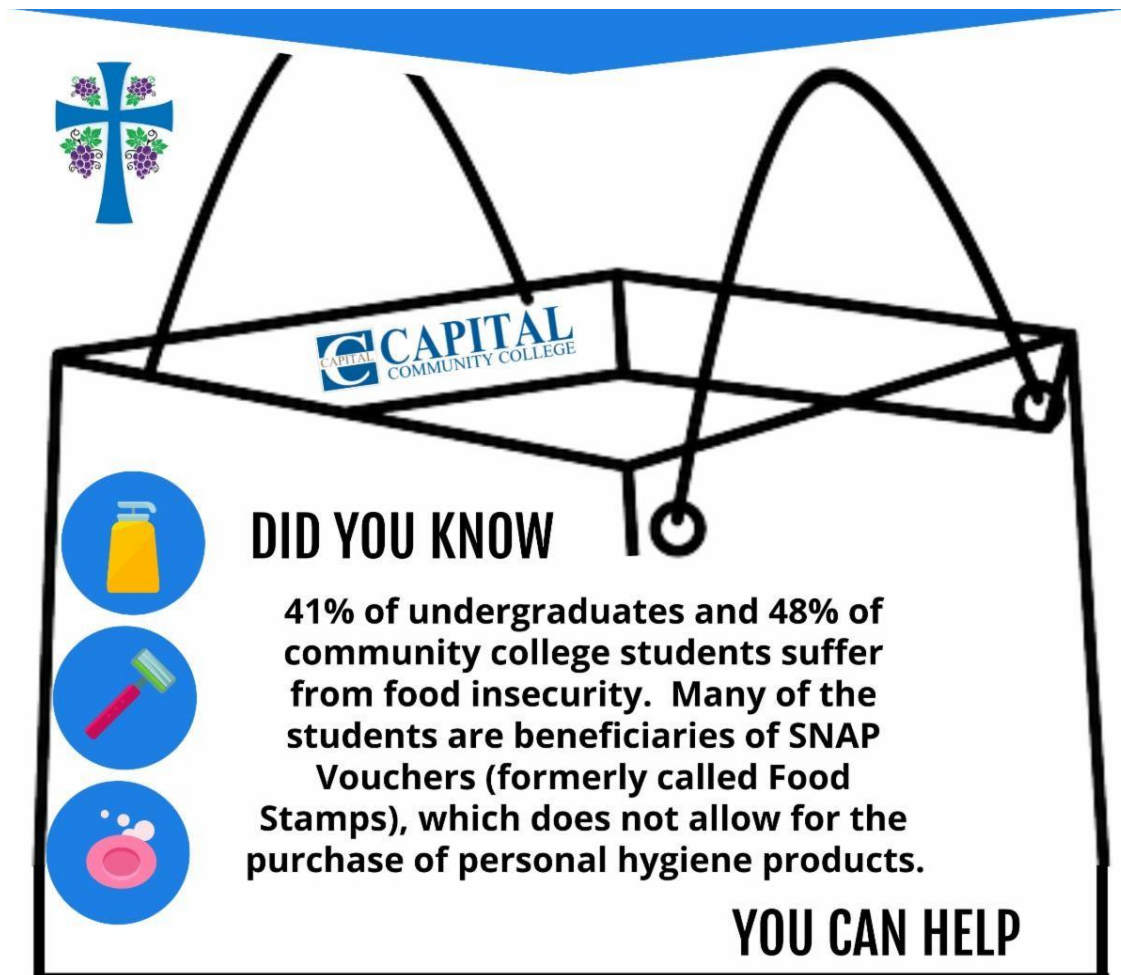
We will discuss this best-selling book in hopes of understanding this controversial topic better. Please contact Kate Smith at Kate48smith@comcast.net for details.

Christ Church Cathedral Drive to Support the Capital Community College Panty.

In-person drop offs at the dates/times listed will be in the alley between the Cathedral and the Parish House. Volunteers will be available to receive products as a drive through, with no contact.

If you would like to participate but cannot in-person, online purchases of hygiene products may be sent to:

Christ Church Cathedral
(Attn: Deacon Bonnie Matthews)
45 Church Street
Hartford, CT 06103



DID YOU KNOW

41% of undergraduates and 48% of community college students suffer from food insecurity. Many of the students are beneficiaries of SNAP Vouchers (formerly called Food Stamps), which does not allow for the purchase of personal hygiene products.

YOU CAN HELP

Christ Church Cathedral invites the Parishes in the North Central Region and it's members to collect weekly one personal care hygiene product for each week of Lent (February 17th to April 4th) to benefit Capital Community College (CCC) Food Pantry. Please share with your family, friends, and communities. The Director of the CCC Food Pantry has identified the most needed hygiene products:

- Soap
- Shampoo
- Deodorant
- Conditioner
- Men's and Women's Razors
- Feminine hygiene products
- Large size Poise and Depends products

Drop off for all collected items will be at our Cathedral from Wednesday, April 7th to Friday, April 9th, 9:00 a.m. to 12:00 p.m. and Sunday April 11th 12:00 p.m. to 2:00 p.m.

For more information contact Cathedral Deacon Bonnie Matthews at bmatthews228@comcast.net

Weekly Calendar

Sunday, March 14th The Fourth Sunday in Lent

- 8:00 A.M. Call-in Morning Prayer – Phone call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube);
The Rev. D Littlepage, Presiding and Preaching. Zoom Coffee
Hour

Monday, March 15th

- 8:15 A.M. Trinity Academy - in person learning
- 7:30 P.M. Life in the Spirit – Book Club – Zoom

Tuesday, March 16th

- 8:15 A.M. Trinity Academy – in person learning
- 2:00 P.M. Women Together (w/ St. John's and St. Monica's) via Zoom
- 5:15 P.M. Bible Study via Zoom
- 6:00 P.M. Choir School rehearsal – Church
- 7:00 P.M. Vestry Meeting - Zoom

Wednesday, March 17th

- 7:00 P.M. Lenten series: *Bringing Prayer to Life* – via Zoom

Thursday, March 18th

- 8:15 A.M. Trinity Academy – in person learning
- 12:00 P.M. Noonday Prayer – Zoom
- 6:00 P.M. Choir School rehearsal – Church

Friday, March 19th

- 8:15 A.M. Trinity Academy – in person learning

Saturday, March 20th

Sunday, March 21st The Fifth Sunday in Lent

- 8:00 A.M. Call-In Morning Prayer – Phone Call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion via YouTube
Zoom Coffee Hour and Christian Formation: Budget Update by
Casey Rousseau



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