

TRINITY EPISCOPAL CHURCH

THE THIRD SUNDAY IN LENT

MORNING PRAYER

MARCH 7, 2021

8:00 A.M.

PHONE IN NUMBER: 929-436-2866

MEETING ID: 881 9858 5999

A PLACE OF WELCOME, HOPE & HEALING



120 Sigourney Street, Hartford, Connecticut 06105-2796
860.527.8133 www.trinityhartford.org

MORNING PRAYER: RITE TWO

8:00 A.M. VIA TELEPHONE

WELCOME

The Rev. D. Littlepage

Officiant If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. I John 1:8, 9

THE CONFESSION

BCP 79

Officiant Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth God's praise, to hear God's holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship, let with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

THE INVITATORY AND PSALTER

Officiant Lord, open our lips;
People And our mouth shall proclaim your praise.

All Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.

Officiant The Lord is full of compassion and mercy: Come let us adore him.

Please read in unison.

Come, let us sing to the Lord; *
 let us shout for joy to the Rock of our salvation.
 Let us come before his presence with thanksgiving *
 and raise a loud shout to him with psalms.

For the Lord is a great God, *
 and a great King above all gods.
 In his hand are the caverns of the earth, *
 and the heights of the hills are his also.
 The sea is his, for he made it, *
 and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
 and kneel before the Lord our Maker.
 For he is our God,
 and we are the people of his pasture and the sheep of his hand. *
 Oh, that today you would hearken to his voice!

PSALM 19

BCP 606

Please read responsively by verse.

- 1 The heavens declare the glory of God, *
 and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
 and one night imparts knowledge to another.
- 3 Although they have no words or language, *
 and their voices are not heard,
- 4 Their sound has gone out into all lands, *
 and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; *
 it comes forth like a bridegroom out of his chamber;
 it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
 and runs about to the end of it again; *
 nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect
 and revives the soul; *
 the testimony of the LORD is sure
 and gives wisdom to the innocent.
- 8 The statutes of the LORD are just
 and rejoice the heart; *
 the commandment of the LORD is clear
 and gives light to the eyes.

- 9 The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.
- 10 **More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.**
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 **Who can tell how often he offends? *
cleanse me from my secret faults.**
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.
- 14 **Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O LORD, my strength and my redeemer.**

Please read in unison.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

THE FIRST LESSON

EXODUS 20:1-17

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery;
you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above,
or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to
them or worship them; for I the LORD your God am a jealous God, punishing children for the
iniquity of parents, to the third and the fourth generation of those who reject me, but showing
steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit
anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work.
But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son
or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For
in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh
day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your
God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader Hear what the Spirit is saying to God's people.

People *Thanks be to God.*

CANTICLE 10

The Second Song of Isaiah

BCP 86

Please read in unison.

Seek the Lord while he wills to be found; *
call upon him when he draws near.
Let the wicked forsake their ways *
and the evil ones their thoughts;
And let them turn to the Lord, and he will have compassion, *
and to our God, for he will richly pardon.
For my thoughts are not your thoughts, *
nor your ways my ways, says the Lord.
For as the heavens are higher than the earth, *
so are my ways higher than your ways,
and my thoughts than your thoughts.
For as rain and snow fall from the heavens *
and return not again, but water the earth,
Bringing forth life and giving growth, *
seed for sowing and bread for eating,
So is my word that goes forth from my mouth; *
it will not return to me empty;
But it will accomplish that which I have purposed, *
and prosper in that for which I sent it.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Reader Hear what the Spirit is saying to God’s people.
People *Thanks be to God.*

CANTICLE 14

A Song of Penitence

BCP 90

Please read in unison.

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob, and of all their righteous offspring:
You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord, you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *

nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me, in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

THE GOSPEL LESSON

John 2:13-22

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

SERMON

The Rev. D. Littlepage

Silence for reflection.

Officiant Let us affirm our faith together in the words of the Apostles' Creed.

THE APOSTLES' CREED

BCP 96

All I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,

the holy catholic Church, the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS

Officiant The Lord be with you.

All *And also with you.*

Officiant Let us pray.

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

SUFFRAGES

BCP 98

Officiant Save your people, Lord, and bless your inheritance;
People Govern and uphold them, now and always.

Officiant Day by day we bless you;
People We praise your name for ever.

Officiant Lord, keep us from all sin today;
People Have mercy upon us, Lord, have mercy.

Officiant Lord, show us your love and mercy;
People For we put our trust in you.

Officiant In you, Lord, is our hope;
People And we shall never hope in vain.

COLLECT OF THE DAY

BCP 218

Officiant Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Officiant O God, you made us in your own image and redeemed us through Jesus your Son: Look with compassion on the whole human family; take away the arrogance and hatred which infect our hearts; break down the walls that separate us; unite us in bonds of love; and work through our struggle and confusion to accomplish your purposes on earth; that, in your good time, all nations and races may serve you in harmony around your heavenly throne; through Jesus Christ our Lord.

All *Amen.*

A COLLECT FOR SUNDAYS

BCP 98

Officiant O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord.

All *Amen.*

PRAYER FOR MISSION

BCP 100

Officiant Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you through our Lord and Savior Jesus Christ.

All *Amen.*

At this time, you are invited to share your prayers either silently or aloud.

If you pray aloud, please end your prayer with "This is my prayer"

Everyone else should respond "This is our prayer."

Officiant Let us join together in the words of the General Thanksgiving.

THE GENERAL THANKSGIVING

BCP 101

Almighty God, Father of all mercies,
 we your unworthy servants give you humble thanks
 for all your goodness and loving-kindness
 to us and to all whom you have made.
 We bless you for our creation, preservation,
 and all the blessings of this life;
 but above all for your immeasurable love
 in the redemption of the world by our Lord Jesus Christ;
 for the means of grace, and for the hope of glory.
 And, we pray, give us such an awareness of your mercies,
 that with truly thankful hearts we may show forth your praise,
 not only with our lips, but in our lives,
 by giving up our selves to your service,
 and by walking before you
 in holiness and righteousness all our days;
 through Jesus Christ our Lord,
 to whom, with you and the Holy Spirit,
 be honor and glory throughout all ages. Amen.

A PRAYER OF ST. CHRYSOSTOM

Officiant Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting.

All Amen.

Officiant Let us bless the Lord.

All Thanks be to God.

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

All Amen.



COVER ART: We are grateful to The Rev. George Chien, (UMC, MCC) for creating the bulletin artwork.

The words of the service are taken from *The Book of Common Prayer*.

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+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage – Officiant and Preacher

LET US PRAY

In our Parish Cycle of Prayer we pray for Horace Johnson; Casandra Joseph and Elyon & Garvey Udokwu; K Taw Doh & Sarah Paw Doh; and Lectors and Intercessors.

In our Diocesan Cycle of Prayer we pray for St. Barnabas', Greenwich; Christ Church, Guilford; St. John's, Guilford, and all ministries to, with, and for women and the Girl's Friendly Society.

In the Anglican Cycle of Prayer we pray for the Province de L'Eglise Anglicane Du Congo.

We pray for Johanna, Kate Smith, Patrick, Sam Hines and Yoleanna Russo, Juli Porter, Juhudi Mgombo, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtanga; Alice Turcotte; Mary and Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones especially the Stephens, Kramer and Negrelli families.

We pray for all who have died, especially Norman Stephens, Jeff Kramer, Joseph Negrelli, Jr. and Stuart, that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.

Condolences

The prayers of Trinity Church are with Jennifer Stephens in the death of her father and Zechariah Stephens' grand-father, Norman Stephens, who passed into eternal life on February 23rd.

Father of all, we pray to you for Norman, and for all those whom we love but see no longer. Grant to them eternal rest. Let light perpetual shine upon them. May his soul and the souls of all the departed, through the mercy of God, rest in peace. Amen.

~~Book of Common Prayer



The Aumbry Candle is lit during the week of March 7th to the glory of God and in loving memory of Jeff Kramer by his brother and sister-in-law, Jim and Heather Kramer.

Please join us after the 10: 00 am service for Zoom Coffee and a forum about Trinity Academy. Both Allison Bernhard, Principal, and Donna Colliton, Executive Director, will be on hand to answer your questions and provide updates on the 2020-2021 academic year.



Join us on Wednesdays (February 24 through March 24) from 7-8pm on Zoom Meeting ID: 820 8769 1272 for this year's Lenten series, *Bringing Prayer to Life*.

We will explore the treasures that the Book of Common Prayer has to offer beyond Sunday morning worship. We will also explore ways that the Book of Common Prayer can serve as a foundation to launch us into other types of prayer.

***Voice* Deadline**

The deadline for the next issue of *The Voice* is Friday, March 12, at 5:00 p.m. This issue will cover events in Holy Week (March 28-April 4 this year), plus all other events scheduled to take place this coming April and May.

Please email your articles to voice@trinityhartford.org. Be sure to use this address, as doing so will ensure that your information doesn't go astray. Thanks!

Advocacy for Declaring Racism a Public Health Crisis

The Trinity Community for Racial Justice would like to continue to share resources on our current focus topic, disparities in healthcare” for the remainder of Lent.

This information in the graphic was published recently by the YWCA of Hartford, and if you use this link you can register to join their advocacy to create a community without racism.

<https://www.ywcahartford.org/advocacy/create-a-community-without-racism.html>



DIABETES



Black residents are nearly **4X** as likely as White residents to have a diabetes related lower-extremity amputation, and more than twice as likely to die from diabetes.

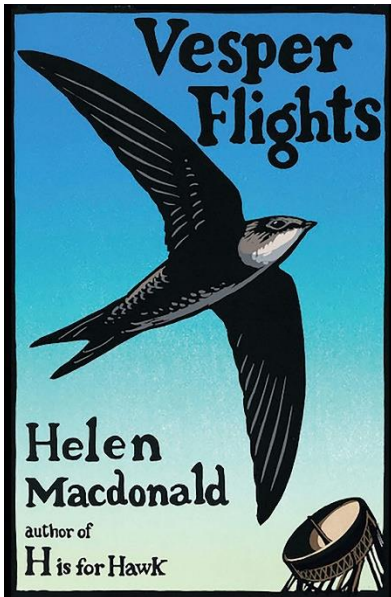
*Connecticut Health Foundation and
DataHaven Health Equity Connecticut

Follow-up information from the 2/21 Open Forum on Racial Disparities in Health:

The Connecticut State Legislature will consider SB 842 during this legislative session. If enacted, this bill will expand access to health insurance in Connecticut by offering a “public option” health insurance plan. This would allow many people with limited income and no health insurance to purchase insurance they can afford. Let your state senator know if you support this bill.

EMAIL SPAM REMINDER

There has been another increase in spam emails purporting to be coming from Rev. D. Please remember that Rev. D. will never email you asking you to purchase gift cards, or to urgently email back but not call. If it's urgent Rev. D will call you and will not request that you not call. An easy way to check the validity of an email is to check the 'from' email address. **Finally, if there is any doubt, DO NOT RESPOND TO THE EMAIL. Instead, call or text Rev. D. at 860-986-3289.**



Trinity Church Book Group

“Animals don’t exist in order to teach us things, but that is what they have always done, and most of what they teach us is what we think we know about ourselves.” So writes Helen Macdonald, author of *Vesper Flights*, the book to be discussed at the next meeting of Trinity's Book Group on Friday, March 26th.

The book contains short essays on topics ranging from the migration of songbirds to hunting mushrooms, in a style described as “breathtaking” and “dazzling”.

All are most welcome to join in this Zoom meeting, starting at 7:00 pm and lasting about an hour. For a link, please contact Linda MacGougan at macgougans@gmail.com.

Vaccination Info:

People 55 and older are now eligible to receive the COVID-19 vaccination.

More information about scheduling an appointment to receive the vaccine can be found here <https://portal.ct.gov/Coronavirus/COVID-19-Vaccination---65-and-older>.

CT COVID-19 Vaccine Appointment Assist Line that can be accessed at 877-918-2224
M- F 8am-4:30pm.

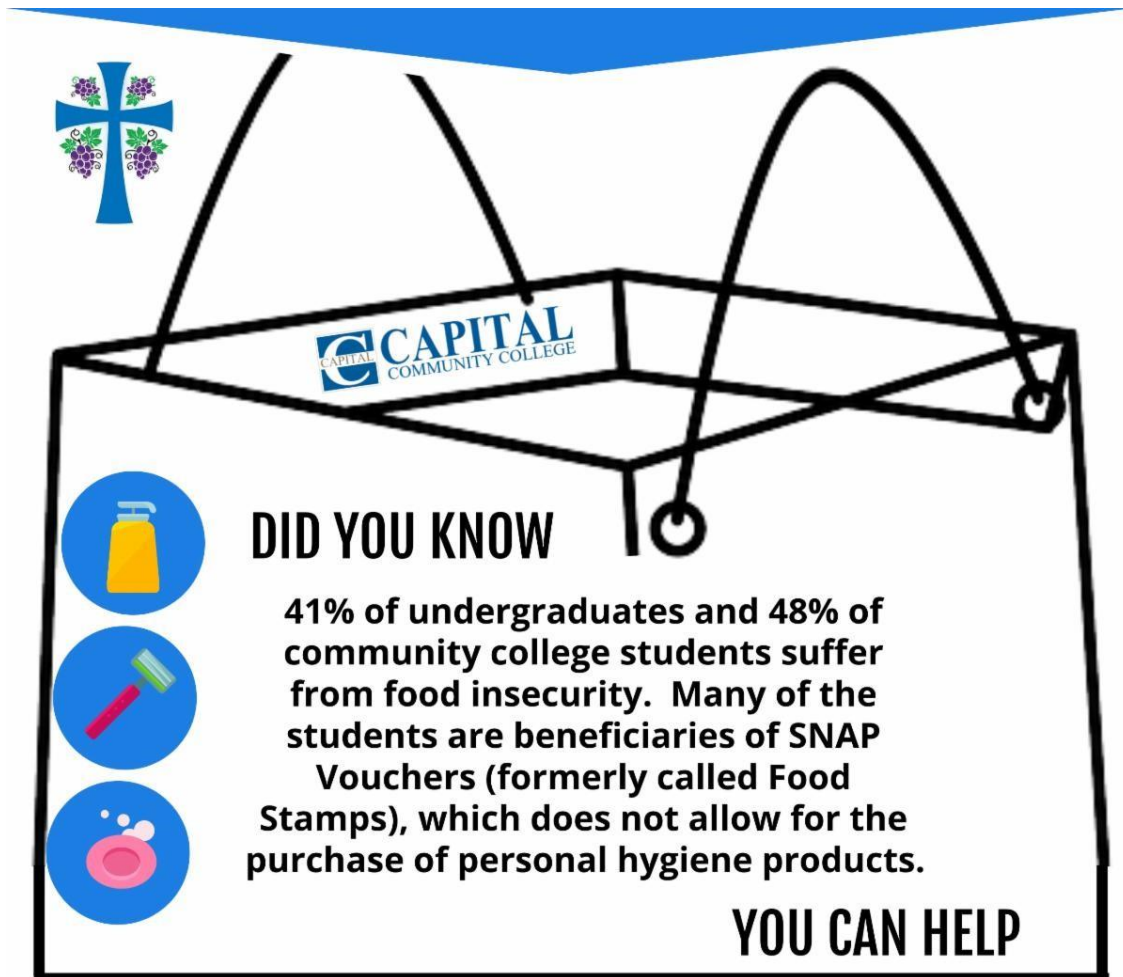


Christ Church Cathedral Drive to Support the Capital Community College Panty.

In-person drop offs at the dates/times listed will be in the alley between the Cathedral and the Parish House. Volunteers will be available to receive products as a drive through, with no contact.

If you would like to participate but cannot in-person, online purchases of hygiene products may be sent to:

Christ Church Cathedral
(Attn: Deacon Bonnie Matthews)
45 Church Street
Hartford, CT 06103



CAPITAL COMMUNITY COLLEGE

DID YOU KNOW

41% of undergraduates and 48% of community college students suffer from food insecurity. Many of the students are beneficiaries of SNAP Vouchers (formerly called Food Stamps), which does not allow for the purchase of personal hygiene products.

YOU CAN HELP

Christ Church Cathedral invites the Parishes in the North Central Region and it's members to collect weekly one personal care hygiene product for each week of Lent (February 17th to April 4th) to benefit Capital Community College (CCC) Food Pantry. Please share with your family, friends, and communities. The Director of the CCC Food Pantry has identified the most needed hygiene products:

- Soap
- Shampoo
- Deodorant
- Conditioner
- Men's and Women's Razors
- Feminine hygiene products
- Large size Poise and Depends products

Drop off for all collected items will be at our Cathedral from Wednesday, April 7th to Friday, April 9th, 9:00 a.m. to 12:00 p.m. and Sunday April 11th 12:00 p.m. to 2:00 p.m.

For more information contact Cathedral Deacon Bonnie Matthews at bmatthews228@comcast.net

Weekly Calendar

Sunday, March 7th The Third Sunday in Lent

- 8:00 A.M. Call-in Morning Prayer – Phone call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube);
The Rev. D Littlepage, Presiding and Preaching. Zoom Coffee and Adult
Christian Formation with updates from Trinity Academy following.

Monday, March 8th

- 8:15 A.M. Trinity Academy - in person learning
- 7:30 P.M. Life in the Spirit – Book Club – Zoom

Tuesday, March 9th

- 8:15 A.M. Trinity Academy – in person learning
- 2:00 P.M. Women Together (w/ St. John's and St. Monica's) via Zoom
- 5:15 P.M. Bible Study via Zoom
- 6:00 P.M. Choir School rehearsal – Church
- 7:00 P.M. Outreach Meeting - Zoom
- 7:30 P.M. Choir School Board Meeting - Zoom

Wednesday, March 10th

- 7:00 P.M. Lenten series: *Bringing Prayer to Life* – via Zoom
- 7:00 P.M. Property Team Meeting - Zoom

Thursday, March 11th

- 8:15 A.M. Trinity Academy – in person learning
- 12:00 P.M. Noonday Prayer – Zoom
- 6:00 P.M. Choir School rehearsal – Church

Friday, March 12th Articles for The Voice due

- 8:15 A.M. Trinity Academy – in person learning

Saturday, March 13th

- 10:00 A.M. Sanctuary Stitchers - Zoom

Sunday, March 14th The Fourth Sunday in Lent

- 8:00 A.M. Call-In Morning Prayer – Phone Call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion via YouTube



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