

TRINITY EPISCOPAL CHURCH

THE FOURTH SUNDAY IN LENT

MORNING PRAYER

MARCH 14, 2021

8:00 A.M.

PHONE IN NUMBER: 929-436-2866

MEETING ID: 881 9858 5999

A PLACE OF WELCOME, HOPE & HEALING



This is the sign of the covenant that I make between me and you and every living creature

120 Sigourney Street, Hartford, Connecticut 06105-2796
860.527.8133 www.trinityhartford.org

MORNING PRAYER: RITE TWO

8:00 A.M. VIA TELEPHONE

WELCOME

The Rev. D. Littlepage

Officiant If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. I John 1:8, 9

THE CONFESSION

BCP 79

Officiant Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth God's praise, to hear God's holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship, let with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

THE INVITATORY AND PSALTER

Officiant Lord, open our lips;
People And our mouth shall proclaim your praise.

All Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

Officiant The Lord is full of compassion and mercy: Come let us adore him.

Please read in unison.

Come, let us sing to the Lord; *
 let us shout for joy to the Rock of our salvation.
 Let us come before his presence with thanksgiving *
 and raise a loud shout to him with psalms.

For the Lord is a great God, *
 and a great King above all gods.
 In his hand are the caverns of the earth, *
 and the heights of the hills are his also.
 The sea is his, for he made it, *
 and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
 and kneel before the Lord our Maker.
 For he is our God,
 and we are the people of his pasture and the sheep of his hand. *
 Oh, that today you would hearken to his voice!

PSALM 107:1-3, 17-22

BCP 746

Please read responsively by verse.

- 1 Give thanks to the LORD, for he is good, *
 and his mercy endures for ever.
- 2 Let all those whom the LORD has redeemed proclaim *
 that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; *
 from the east and from the west,
 from the north and from the south.
- 17 Some were fools and took to rebellious ways; *
 they were afflicted because of their sins.
- 18 They abhorred all manner of food *
 and drew near to death's door.
- 19 Then they cried to the LORD in their trouble, *
 and he delivered them from their distress.
- 20 He sent forth his word and healed them *
 and saved them from the grave.
- 21 Let them give thanks to the LORD for his mercy *
 and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving *

Please read in unison.

Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader Hear what the Spirit is saying to God's people.
 People *Thanks be to God.*

CANTICLE 10

The Second Song of Isaiah

BCP 86

Please read in unison.

Seek the Lord while he wills to be found; *
 call upon him when he draws near.
 Let the wicked forsake their ways *
 and the evil ones their thoughts;
 And let them turn to the Lord, and he will have compassion, *
 and to our God, for he will richly pardon.
 For my thoughts are not your thoughts, *
 nor your ways my ways, says the Lord.
 For as the heavens are higher than the earth, *
 so are my ways higher than your ways,
 and my thoughts than your thoughts.
 For as rain and snow fall from the heavens *
 and return not again, but water the earth,
 Bringing forth life and giving growth, *
 seed for sowing and bread for eating,
 So is my word that goes forth from my mouth; *
 it will not return to me empty;
 But it will accomplish that which I have purposed, *
 and prosper in that for which I sent it.

Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader Hear what the Spirit is saying to God's people.
 People *Thanks be to God.*

CANTICLE 14

A Song of Penitence

BCP 90

Please read in unison.

O Lord and Ruler of the hosts of heaven, *
 God of Abraham, Isaac, and Jacob, and of all their righteous offspring:
 You made the heavens and the earth, *
 with all their vast array.
 All things quake with fear at your presence; *
 they tremble because of your power.
 But your merciful promise is beyond all measure; *
 it surpasses all that our minds can fathom.
 O Lord, you are full of compassion, *
 long-suffering, and abounding in mercy.
 You hold back your hand; *
 you do not punish as we deserve.
 In your great goodness, Lord, you have promised forgiveness to sinners, *
 that they may repent of their sin and be saved.
 And now, O Lord, I bend the knee of my heart, *
 and make my appeal, sure of your gracious goodness.
 I have sinned, O Lord, I have sinned, *
 and I know my wickedness only too well.
 Therefore I make this prayer to you: *
 Forgive me, Lord, forgive me.
 Do not let me perish in my sin, *
 nor condemn me to the depths of the earth.
 For you, O Lord, are the God of those who repent, *
 and in me you will show forth your goodness.
 Unworthy as I am, you will save me, in accordance with your great mercy, *
 and I will praise you without ceasing all the days of my life.
 For all the powers of heaven sing your praises, *
 and yours is the glory to ages of ages. Amen.

Jesus said, “Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.”

Reader Hear what the Spirit is saying to God’s people.
People *Thanks be to God.*

SERMON

The Rev. D. Littlepage

Silence for reflection.

Officiant Let us affirm our faith together in the words of the Apostles’ Creed.

THE APOSTLES’ CREED

BCP 96

All I believe in God, the Father almighty,
 creator of heaven and earth;
 I believe in Jesus Christ, his only Son, our Lord.
 He was conceived by the power of the Holy Spirit
 and born of the Virgin Mary.
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended to the dead.
 On the third day he rose again.
 He ascended into heaven,
 and is seated at the right hand of the Father.
 He will come again to judge the living and the dead.
 I believe in the Holy Spirit,
 the holy catholic Church, the communion of saints,
 the forgiveness of sins
 the resurrection of the body,
 and the life everlasting. Amen.

THE PRAYERS

Officiant The Lord be with you.
All And also with you.
Officiant Let us pray.

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

SUFFRAGES

BCP 98

Officiant Save your people, Lord, and bless your inheritance;
People Govern and uphold them, now and always.

Officiant Day by day we bless you;
People We praise your name for ever.

Officiant Lord, keep us from all sin today;
People Have mercy upon us, Lord, have mercy.

Officiant Lord, show us your love and mercy;
People For we put our trust in you.

Officiant In you, Lord, is our hope;
People And we shall never hope in vain.

COLLECT OF THE DAY

BCP 219

Officiant Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

A COLLECT FOR THE COMMEMORATION OF THE RT. REV. BARBARA HARRIS

Officiant Everliving God, in every generation you cause fresh winds to renew, refresh, and refine your people and in your Word summon us to live courageously as Easter people in an often Good Friday world. Defend us in our own day to make no peace with oppression; that boldly following the example of your servant Barbara Clementine Harris, chosen bishop in your church, we may strive not for ease or fame but gladly toil and walk with you all along our pilgrim journey; through Jesus Christ our Savior. (Drafted for the consecration of The Rt. Rev. Deon Johnson, Diocese of Missouri; used with permission of the bishop).

People Amen.

A COLLECT FOR SUNDAYS

BCP 98

Officiant O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord.

People Amen.

PRAYER FOR MISSION

BCP 100

Officiant Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you through our Lord and Savior Jesus Christ.

People Amen.

*At this time, you are invited to share your prayers either silently or aloud.
If you pray aloud, please end your prayer with "This is my prayer"
Everyone else should respond "This is our prayer."*

Officiant Let us join together in the words of the General Thanksgiving.

THE GENERAL THANKSGIVING

BCP 101

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

A PRAYER OF ST. CHRYSOSTOM

Officiant Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting.

People *Amen.*

Officiant Let us bless the Lord.

People *Thanks be to God.*

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

All *Amen.*



+ ASSISTING AT WORSHIP +

The Rev. D. Littlepage – Officiant and Preacher

COVER ART: We are grateful to The Rev. George Chien, (UMC, MCC) for creating the bulletin artwork.

The words of the service are taken from *The Book of Common Prayer*.

Scripture quotations are from the *New Revised Standard Version of the Bible* © 1989 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

LET US PRAY

In our Parish Cycle of Prayer we pray for Frank & Liz Kirkpatrick; Lisa Koester; William Kofalk and the Loaves and Fishes Ministry Team.

In our Diocesan Cycle of Prayer we pray for Grace & St. Peter's, Hamden; Christ Church Cathedral, Hartford; Good Shepherd, Hartford; and the Bishops, ECCT staff, and parish employees, and their families.

In the Anglican Cycle of Prayer we pray for Iglesia Anglicana de Chile.

We pray for Johanna, Kate Smith, Patrick, Sam Hines and Yoleanna Russo, Juli Porter, Juhudi Mgombo, Fred Margeson, Jennifer Stephens, Zechariah Stephens, Jo-Ellen Jansing, Katie Reynolds, Mavis Bennett; Ginny Catanzaro; Tori Henry; Louise Krippenstapel; Carlene Lewis; Judy Miller; Margaret Moore; Valentina Moore; Al Pereira; Jo-Ann Sadosky; Diane Bodine, Helen Strassner; Lindsey Tengtenga; Alice Turcotte; Mary and Jim Register, Richard Green (brother of Peter Green), Donald Bowens (Dianne Bowens-Waller), Bill McMunn and Richard Alan Garver, Diane Bowens-Waller, Bruce and Jane Tatge (parents of Anne Green), Polly Thomas, Rebecca Bourret, Peter Vreeland, Amy Williams, Ken Rousseau (Casey Rousseau's dad), and Diana Perkins (friend of Suzanne and Boo), Jessica Compfer, Raldah Stephens, Joan and Ean Walsh (family of Jennifer Stephens) and those affected by mental and physical ailments, violence, natural disasters, and immigration and refugee policies, and their families; and for those who mourn for loved ones.

We pray for all who have died, that they may have a place in your eternal kingdom. We pray for the repose of the souls of homicide victims in our city of Hartford, and beyond. We pray for those who will die this week, that they may meet their Lord in faith and hope. We pray for ourselves and for our departed loved ones, that rejoicing with them in God's kingdom where every tear is wiped away, we may as one family sing praise forever and ever.



Forum on the 2021 Trinity Church Budget following the 10 AM service on Sunday, March 21

On March 21, our treasurer Casey Rousseau, will present the highlights of the 2021 budget approved by vestry at its February meeting. Tune in to our Zoom forum and find out how Trinity's finances are in the time of COVID-19. Hear about our financial strengths and challenges.

Advocacy for Declaring Racism a Public Health Crisis

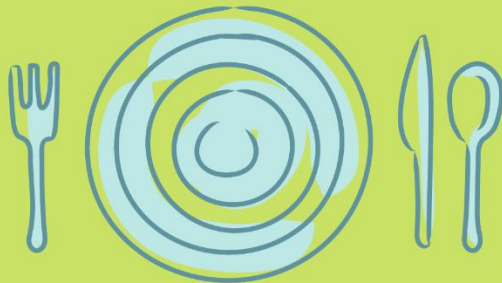
The Trinity Community for Racial Justice would like to continue to share resources on our current focus topic, disparities in healthcare” for the remainder of Lent.

This information in the graphic was published recently by the YWCA of Hartford, and if you use this link you can register to join their advocacy to create a community without racism.

<https://www.ywcahartford.org/advocacy/create-a-community-without-racism.html>



FOOD INSECURITY



Food insecurity is **2X** higher in communities of color than their white counterparts.

*Connecticut Health Foundation and DataHaven Health Equity Connecticut

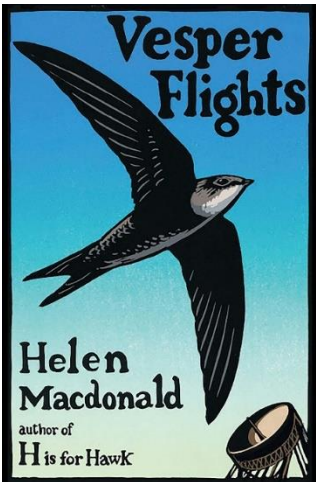
Follow-up information from the 2/21 Open Forum on Racial Disparities in Health:

The Connecticut State Legislature will consider SB 842 during this legislative session. If enacted, this bill will expand access to health insurance in Connecticut by offering a “public option” health insurance plan. This would allow many people with limited income and no health insurance to purchase insurance they can afford. Let your state senator know if you support this bill.



Join us on Wednesdays (February 24 through March 24) from 7-8pm on Zoom Meeting ID: 820 8769 1272 for this year's Lenten series, *Bringing Prayer to Life*.

We will explore the treasures that the Book of Common Prayer has to offer beyond Sunday morning worship. We will also explore ways that the Book of Common Prayer can serve as a foundation to launch us into other types of prayer.

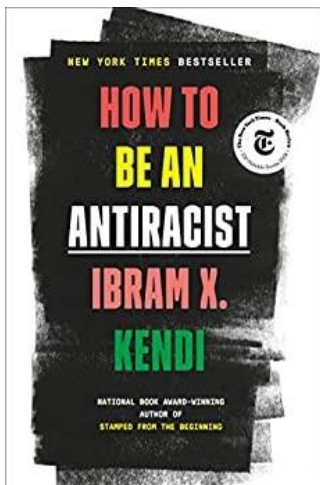


Trinity Church Book Group

"Animals don't exist in order to teach us things, but that is what they have always done, and most of what they teach us is what we think we know about ourselves." So writes Helen Macdonald, author of *Vesper Flights*, the book to be discussed at the next meeting of Trinity's Book Group on Friday, March 26th.

The book contains short essays on topics ranging from the migration of songbirds to hunting mushrooms, in a style described as "breathtaking" and "dazzling".

All are most welcome to join in this Zoom meeting, starting at 7:00 pm and lasting about an hour. For a link, please contact Linda MacGougan at macgougans@gmail.com.



Companions of the Holy Cross open meeting: April 19th 10:00 AM -12:00

The Companions of the Holy Cross invite the women of the parish to a book discussion of: How to be an Antiracist by Ibram X. Kendi.

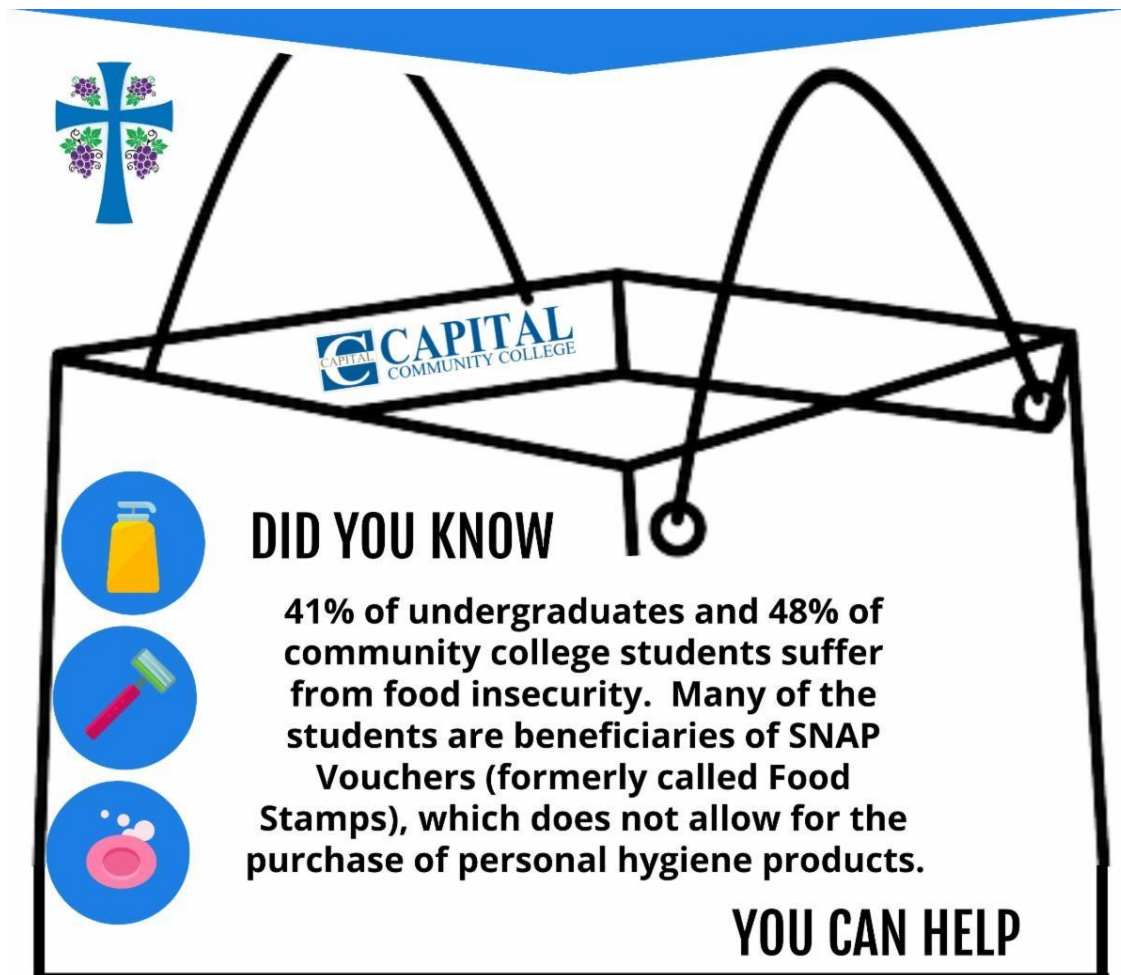
We will discuss this best-selling book in hopes of understanding this controversial topic better. Please contact Kate Smith at Kate48smith@comcast.net for details.

Christ Church Cathedral Drive to Support the Capital Community College Panty.

In-person drop offs at the dates/times listed will be in the alley between the Cathedral and the Parish House. Volunteers will be available to receive products as a drive through, with no contact.

If you would like to participate but cannot in-person, online purchases of hygiene products may be sent to:

Christ Church Cathedral
(Attn: Deacon Bonnie Matthews)
45 Church Street
Hartford, CT 06103



DID YOU KNOW

41% of undergraduates and 48% of community college students suffer from food insecurity. Many of the students are beneficiaries of SNAP Vouchers (formerly called Food Stamps), which does not allow for the purchase of personal hygiene products.

YOU CAN HELP

Christ Church Cathedral invites the Parishes in the North Central Region and it's members to collect weekly one personal care hygiene product for each week of Lent (February 17th to April 4th) to benefit Capital Community College (CCC) Food Pantry. Please share with your family, friends, and communities. The Director of the CCC Food Pantry has identified the most needed hygiene products:

- Soap
- Shampoo
- Deodorant
- Conditioner
- Men's and Women's Razors
- Feminine hygiene products
- Large size Poise and Depends products

Drop off for all collected items will be at our Cathedral from Wednesday, April 7th to Friday, April 9th, 9:00 a.m. to 12:00 p.m. and Sunday April 11th 12:00 p.m. to 2:00 p.m.

For more information contact Cathedral Deacon Bonnie Matthews at bmatthews228@comcast.net

Weekly Calendar

Sunday, March 14th The Fourth Sunday in Lent

- 8:00 A.M. Call-in Morning Prayer – Phone call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion (via YouTube)
The Rev. D Littlepage, Presiding and Preaching
Zoom Coffee Hour

Monday, March 15th

- 8:15 A.M. Trinity Academy - in person learning
- 7:30 P.M. Life in the Spirit – Book Club – Zoom

Tuesday, March 16th

- 8:15 A.M. Trinity Academy – in person learning
- 2:00 P.M. Women Together (w/ St. John's and St. Monica's) via Zoom
- 5:15 P.M. Bible Study via Zoom
- 6:00 P.M. Choir School rehearsal – Church
- 7:00 P.M. Vestry Meeting - Zoom

Wednesday, March 17th

- 7:00 P.M. Lenten series: *Bringing Prayer to Life* – via Zoom

Thursday, March 18th

- 8:15 A.M. Trinity Academy – in person learning
- 12:00 P.M. Noonday Prayer – Zoom
- 6:00 P.M. Choir School rehearsal – Church

Friday, March 19th

- 8:15 A.M. Trinity Academy – in person learning

Saturday, March 20th

Sunday, March 21st The Fifth Sunday in Lent

- 8:00 A.M. Call-In Morning Prayer – Phone Call
- 10:00 A.M. Holy Eucharist Rite II – Spiritual Communion via YouTube
Zoom Coffee Hour and Christian Formation: Budget Update by
Casey Rousseau



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