



Artwork: Georges Annon-Kingsley

Lenten Message

There can be a danger in approaching Lent with a plan: We can arrive at Easter with a sense of "mission accomplished!" Properly observed, Lent is a season of quiet and simple preparation for a renewed relationship with God, not an endurance test. As we enter Lent, this is what Jesus is telling his disciples: Do not do holy things because the world expects them or because they make you feel good; practice holiness in order that you may come to a closer relationship with God so that God may be glorified through you.

During this season, we invite you to join us in the practice of a holy Lent marked by simplicity, prayer and holy service to others. Please pick up one of the meditation guides from Episcopal Relief and Development. "Pray" with them as guidelines to practice at least one act of human kindness each day of this season. Consider sharing this blessing with friends, family members and colleagues.

I bid you a holy and blessed Lenten observance. May the coming weeks help to build a strong foundation for new life in the Risen Christ when we celebrate His resurrection at Easter.

Your brother in Christ,

The Rev. Dr. Donald L. Hamer, Rector

Trinity Episcopal Church
120 Sigourney Street, Hartford, Connecticut 06105-2796
860.527.8133 www.trinityhartford.org

WELCOME TO OUR GUESTS

We're glad you're with us! If you are new to Trinity, we hope you will introduce yourself to the clergy and a greeter and sign one of the guest books at either entrance to the church. Following the service, you are invited to enjoy refreshments and fellowship in Goodwin Hall.

PLEASE LET US KNOW WHO YOU ARE

Please pick up your name tag from the trays in Goodwin Hall or at the Sigourney Street entrance. If you don't have a name tag, simply fill out a blank and leave it in the basket after the service; a printed name tag will be made for you. It is part of our ministry of hospitality to let people know who we are.

COMMUNION

If you prefer to receive consecrated grape juice rather than consecrated wine at the 10:00 a.m. service, after receiving the bread, proceed to the Minister holding a ceramic chalice in the north aisle in front of the chapel. Gluten free wafers are available from the priest serving communion on the lectern (right) side of the altar rail. If you are not prepared to receive Communion today, you are invited to receive a blessing from the priest, indicating your desire to do so by crossing your hands over your chest.

CHILDREN AT WORSHIP

Children infant-3 years are offered care in the Nursery during the 10:00 a.m. service. Children between the age of 3 years and second grade are welcome to worship in the church and are encouraged to participate in Godly Play when it is in session during the Liturgy of the Word. If children become restless, need to talk or need a break, there is a table along with coloring materials and children's books in the Parents' Room next to the bathrooms in the Narthex (hallway at the Sigourney Street entrance to the church.) Parents are reminded that children should not be allowed to leave the worship area on their own but should be accompanied by a parent.

INTERCESSORY & HEALING PRAYERS

Those desiring personal intercessory prayers are invited to go to the chapel after receiving Communion at the 10:00 a.m. service, where a member of the Chapel Prayer Team will pray with you. Also at the 10:00 a.m. service, those wishing prayers for healing of body, mind or spirit are invited to pray with members of our healing team stationed in the south aisle in front of the baptistery.

HEARING ASSISTIVE DEVICES

If you'd like to borrow a hearing assistive device, please speak to an usher.

ABOUT OUR WORSHIP

This service uses parts of the Order for the Holy Eucharist from *The Book of Common Prayer 1979*, and *Enriching Our Worship I* and music from *The Hymnal 1982* and the *Lift Every Voice and Sing* hymnal. The prayer book and hymnal may be found on the shelf under the chair directly in front of your seat. We stand, if able, for the hymns, and stand or kneel, according to one's personal tradition, for prayer.

+ ASSISTING AT WORSHIP THIS MORNING +

Vergers:

10:00 a.m. Roy McAlpine

Acolytes:

10:00 a.m. Shquia Thomas
Jordan Thomas
Malik Thomas
Zechariah Stephens
Suliman Foster

Altar Guild:

8:00 a.m. Dianne Bowens-Waller
10:00 a.m. Kitty Peterson
Louisa Cummings

Ministers of Communion:

8:00 a.m. Cecelia Timothy
10:00 a.m. Jake Troiano
Mark MacGougan
Emeka Igboanugo
Shakeem Williams

Readers & Intercessors:

8:00 a.m. Janet Wilkinson
10:00 a.m. George Chien
Emily Estes
Kate Smith

Lay Leader Hosts:

10:00 a.m. Marcus Clark
Claire Bissett

Ushers:

10:00 a.m. Bill Kofalk
Marshall Weaver
Michael Okeke
Jordan Thomas

Hospitality:

Fruit: Jennifer Stevens

Duncaster: Ray Wilson

8:00 & 10:00 A.M.

THE HOLY EUCHARIST: RITE TWO

PRELUDE: *Jesus Walked This Lonesome Valley*

Arr. Albert Zabel

INTROIT: *I Lift up Mine Eyes*

Allen Pote

I lift up mine eyes to the hills,
and I wonder from where comes my help?
My help, it comes from the Lord,
the maker of heaven and earth.
I lift up mine eyes to the hills,
and I wonder, I wonder where is my help?

He will not let you stumble,
He will not let you fall,
the Lord is your keeper,
The sun will not strike you by day
nor the moon by night,
the Lord will keep your life.
I lift up mine eyes to the hills,
and I wonder, I wonder where is my help?
The lord will keep you from all evil.
He will keep your life.

The Lord will keep you from all evil.
He will keep your life.
He will keep your going out,
and your coming in
from this time forth,
and forever more.

He will not let you stumble,
He will not let you fall,
the Lord is your keeper.
The sun will not strike you by day,
nor the moon by night.
The Lord will keep your life.
I lift up mine eyes to the hills,
and I wonder from where comes my help?
My help comes from the Lord,
the maker of heaven and earth

Alyssa Venora, Flute and Jack Nighan, Oboe

ENTRANCE HYMN: #448 "O Love, How Deep"

Deus Tuorum Militum

THE OPENING ACCLAMATION

Book of Common Prayer (BCP) p. 351

Celebrant Bless the Lord who forgives all our sins.*People* His mercy endures for ever.*Please kneel or stand.*

THE DECALOGUE: CONTEMPORARY

BCP p. 350

Celebrant Hear the commandments of God to God's people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.*People* Amen. Lord have mercy.*Celebrant* You shall not make for yourself any idol.*People* Amen. Lord have mercy.*Celebrant* You shall not invoke with malice the Name of the Lord your God.*People* Amen. Lord have mercy.*Celebrant* Remember the Sabbath Day and keep it holy.*People* Amen. Lord have mercy.*Celebrant* Honor your father and your mother.*People* Amen. Lord have mercy.*Celebrant* You shall not commit murder.*People* Amen. Lord have mercy.

Celebrant You shall not commit adultery.
People Amen. Lord have mercy.

Celebrant You shall not be a false witness.
People Amen. Lord have mercy.

Celebrant You shall not covet anything that belongs to your neighbor.
People Amen. Lord have mercy.

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

CONFESSION

BCP p. 352

Deacon Let us confess our sins against God and our neighbor.

A period of silent reflection will be kept.

All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All Amen.

KYRIE ELEISON: #S-86

David Hurd

COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever.

People Amen.

FIRST LESSON: Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the Lord had told him; and Lot went with him.

Reader The Word of the Lord.

People Thanks be to God.

Silence for reflection.

Please stand for the singing of the psalm.

PSALM: 121 Hymn # 668 – “I To the Hills Will Lift Mine Eyes”

Burford

Please be seated.

EPISTLE: Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham for he is the father of all of us, as it is written, “I have made you the father of many nations” - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.

People Thanks be to God.

Silence for reflection.

SEQUENCE ANTHEM: *Prevent us, O Lord*

Berek Holman

Prevent us, O Lord,
in all our doings with thy most
gracious favour, and further us with thy continual help;
that in all our works begun,
continued, and ended in thee,
we may glorify, thy holy Name,
and finally by thy mercy obtain
everlasting life, through Jesus Christ our Lord Amen.

Choir School of Hartford

Please stand for the Gospel.

GOSPEL: John 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Celebrant Now there was a Pharisee named Nicodemus, a leader of the Jews.

Reader *He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him,*

Celebrant “Very truly, I tell you, no one can see the kingdom of God without being born from above.”

Reader Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered,

Celebrant “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.”

Reader Nicodemus said to him, “How can these things be?” Jesus answered him,

Celebrant “Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

People “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

THE SERMON

The Rev. Dr. Frank G. Kirkpatrick

Silence for reflection.

THE NICENE CREED

BCP P. 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE: Form II

BCP p. 386

*In the course of the silence after each bidding the People offer their own prayers,
either silently or aloud.*

Intercessor I ask your prayers for God's people throughout the world;
for our Bishops Ian and Laura; for this gathering; and for all ministers and people.
Pray for the Church.

Silence

Intercessor I ask your prayers for peace; for goodwill among nations; and for the well-being of all
people.
Pray for justice and peace.

Silence

Intercessor I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

Intercessor I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

Intercessor I ask your prayers for the departed, especially Celina Walker, Beverly Gardiner, and Eliot
Ortega.
Pray for those who have died.

Silence

Members of the congregation may ask the prayers or the thanksgivings of those present

People (optional) I ask your prayers for _____.

I ask your thanksgiving for _____.

Silence

Intercessor Praise God for those in every generation in whom Christ has been honored.
Pray that we may have grace to glorify Christ in our own day.

Silence

The Celebrant adds a concluding Collect.

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

The people greet one another in the peace of Christ.

Please be seated for the announcements.

THE OFFERTORY SENTENCE

HYMN AT THE OFFERTORY: LEVAS #208 "We've Come This Far By Faith"

Albert A. Goodson

THE GREAT THANKSGIVING: Eucharistic Prayer A

BCP p. 361

Please remain standing.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS: S 124

David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel.

Celebrant Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

All Therefore we proclaim the mystery of faith:
**Christ has died.
Christ is risen.
Christ will come again.**

Celebrant We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.
Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

THE LORD'S PRAYER


BCP p. 364

Celebrant As our Savior Christ has taught us, we now pray:

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

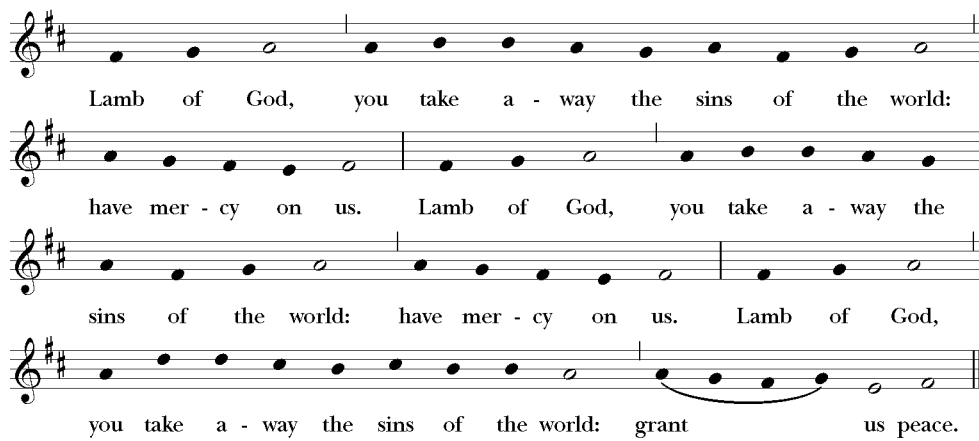
THE BREAKING OF THE BREAD: from the *Trinity Service*

Landman

Celebrant 
Christ our Passover is sac - ri - ficed for us

People 
There - fore let us keep the feast.

Celebrant Behold what you are.
People May we become what we receive.



Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

THE COMMUNION

Please be seated.

If you are not prepared to receive communion today, you are invited to come forward for a blessing by the priest, indicating this by crossing your arms over your chest.

COMMUNION HYMN: #489 “The Great Creator of the Worlds”

Tallis’ Ordinal

POSTCOMMUNION PRAYER

Celebrant Let us pray.

All Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out to do the work you have given us to do,
 to love and serve you as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE HYMN: #636 “How Firm a Foundation”

Foundation

THE BLESSING

Celebrant Grant, most merciful Lord, to your faithful people pardon and peace, that they may be
 cleansed from all their sins and serve you with a quiet mind; through Christ our Lord.
All Amen.

THE DISMISSAL

Deacon Let us bless the Lord.
People Thanks be to God.

POSTLUDE: *Lenten Postlude*

Matthew Koch

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Second Fraction Anthem: Title: The Holy Eucharist II, Fraction Anthem: Lamb of God; *Agnus Dei* Music: From *New Plainsong*; David Hurd (b. 1950)
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* *Indicates non-stipended ministries*